ANDROLOGY AUSTRALIA

OUR MISSION STATEMENT

Andrology Australia (The Australian Centre of Excellence in Male Reproductive Health) will undertake those measures that will enhance men’s health and well-being by addressing disorders of the male reproductive system and associated conditions. It will do so through programs of community and professional education and support of research.

Andrology Australia is a unique ‘centre without walls’ that operates nationally and brings together expertise from across Australia to undertake collaborative programs to raise the awareness of disorders of the male reproductive system and associated conditions. Andrology Australia is funded by a grant from the Australian Government Department of Health and Ageing.

OBJECTIVES

1. To educate the community in male reproductive health and associated conditions
2. To educate health professionals in male reproductive health and associated conditions
3. To draw together research and best practice expertise
4. To support national research infrastructure programs
5. To maximise the use of financial resources by developing collaborative programs

PRIORITY AREAS

1. Prostate disease including prostate cancer
2. Testicular cancer
3. Male infertility
4. Use and abuse of androgens
5. Sexual dysfunction including erectile dysfunction
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Over the past nine years, Andrology Australia has helped to increase the awareness of men’s health in Australia amongst government, health organisations, health professionals, men and the community at large. In each of the activities undertaken, the program has been an advocate for the improvement of men’s health and contributed to the evidence-base that underpins the Australian Government’s drive to develop the first National Men’s Health Policy.

Andrology Australia has identified gaps in knowledge through the establishment and support of research into the health status and needs of Australian men. These research findings have been translated into quality evidence-based information and resources that are made available at no cost so that men, the community and health professionals are educated with relevant, useful and up-to-date knowledge. This education helps men in talking to their doctors and in making informed decisions about their health, testing and treatment options.

However, there are still gaps in knowledge. The reasons for the changing patterns in health indicators in men and the associations between biomedical, behavioural, genetic, environmental and social determinants are not well understood. The men’s health evidence-base in Australia needs to be strengthened through commitment to research infrastructure and funding support, to ensure that health services, education and policy can be appropriately developed for the Australian context.

A nationwide longitudinal study investigating a broad range of men’s health issues as proposed by Andrology Australia would be a world-first endeavour. Andrology Australia continues to advocate for such a study to put Australia at the forefront of men’s health research to inform public policy in relation to health services utilisation, health behaviours and health outcomes.

The continued development and success of the Andrology Australia program would not be possible without the support and determination of the Advisory Board, Management Group, Director, CEO and staff of Andrology Australia. I acknowledge the continued commitment of our Patron, Governor Professor David de Kretser AC, and Ambassador Merv Hughes in raising awareness of men’s health and the Andrology Australia program.

Particular thanks go to the program’s affiliates, advisors and reviewers for their expertise and contribution to the development of the quality, evidence-based information for which Andrology Australia is renowned.

On behalf of the Board, we would like to extend our best wishes to Professor Doreen Rosenthal AO, who retired from the Board in November and thank her sincerely for her major contribution to Andrology Australia over the past nine years.

I especially thank the Australian Government Department of Health and Ageing for its continued support for the program, which allows us to further our education programs for the community and health professionals and expand our research efforts to improve the health of all Australian men.

Andrology Australia welcomes the announcement that Minister for Indigenous Health, Rural and Regional Health and Regional Service Delivery, Hon Warren Snowdon MP, will oversee the development of the National Men’s Health Policy and we look forward to the challenges that the announcement of the Policy will bring. The release of the policy is timely, as Andrology Australia moves into its tenth year of operation in 2010, and anticipates moving forward ‘full steam ahead’.

Mark Rayner
Chairman
Building capacity through shared knowledge and research: To ensure that the associations between biomedical, behavioural, genetic, environmental and social determinants of health are better understood, a Social Determinants Reference Committee was established. The Committee will provide advice on the current evidence-base regarding social factors that are important to men’s health, in order to identify potential points for interventions to improve men’s health in the longer term.

A Culturally and Linguistically Diverse (CALD) Reference Committee was established to identify priority educational needs and best approaches and formats for dissemination of male-specific health information to men and health professionals from CALD communities.

Development of a male health education module for Aboriginal Health Workers continued this year, coordinated by the Andrology Australia Aboriginal and Torres Strait Islander Working Group. In addition to supporting the second gathering of the National Aboriginal and Torres Strait Islander Male Researcher Network in 2009, Andrology Australia has also agreed to provide infrastructure support for a part-time secretariat role at Mibbinbah (a Cooperative Research Centre for Aboriginal Health endorsed and funded research project) to act as a central point for the Network, to facilitate research and to assist the Network in identifying new funding sources.

Practice nurses are becoming more widely recognised as an integral part of delivering health information within general practice. A Practice Nurse Education Reference Group has been established to guide and develop a practical education program so that practice nurses can deliver current evidence-based men’s health education across Australia.

A collaborative research project between Kinect Australia and Andrology Australia was piloted with the staff of two local Government councils to promote physical activity in men by raising awareness of general and reproductive health through communication of relevant health messages within a workplace environment.

Evidence-based learning for health professionals: Andrology Australia continued to provide quality and evidence-based information on male reproductive health to health professionals. RACGP-endorsed online active learning modules continued to be made available and a further module is in development. GP guidelines, including a newly developed guideline for ‘Engaging men in primary care settings’ were distributed. Professional men’s health presentations and seminars were given across Australia and relationships with General Practice Networks continued to be strengthened through the provision of education materials.

Engaging all Australian men through community education: Ambassador Merv Hughes continued to travel across Australia speaking at men’s health events to raise awareness of Andrology Australia. Taking advantage of Merv’s engaging personality and connection with the Australian sporting culture, an annual Andrology Australia ‘Merv’s Have A Crack Day’ cricket fundraising event was established as a means to strategically enhance our capacity to provide community men’s health resources and activities. The inaugural carnival-style afternoon of cricket hosted eight teams, each joined by a sporting or entertainment celebrity, who played modified ‘Super 8s’ cricket and were treated to an unforgettable afternoon of entertainment, gourmet catering and fun. The event raised much needed funds for the continuing provision of Andrology Australia’s community education program. I would like to take the opportunity to thank Jason Bakker, Merv Hughes and Peter Thompson for their coordination of the event and making the day such a success.
Andrology Australia supported International Men’s Health Week again in 2009 providing ‘Protect your troops’ themed resources, at no cost, to organisers of community men’s health events and health information displays, to educate men on the links between lifestyle choices and male fertility. With more than 1,000 events supported nationally throughout 2009, we are confident that more communities are recognising the need to promote men’s health at a local level.

To ensure that the growing numbers of individuals and community groups wishing to hold men’s health events are supported with evidence-based presentations and information, additional Men’s Health Education Kits were produced this year with generous support from the Australian Government Department of Health and Ageing. The kit was also promoted by the Australian Government as part of the consultation process for the development of the first National Men’s Health Policy.

Although the Australian Prostate Cancer Collaboration (APCC) ceased operations in 2009, Andrology Australia continues to support the prostate cancer education activities and disseminate publications developed by the APCC education committee. This support includes management of the Lions Prostate Cancer Website (www.prostatehealth.org.au), in liaison with the APCC and Lions Australia.

Acknowledging those who make our work possible:

I am pleased to advise that the Australian Government Department of Health and Ageing has again agreed to support the Andrology Australia program for a further year, with a view to aligning our continued funding to priorities identified during the development of the National Men’s Health Policy. The support provided will enable the program to continue our education and awareness activities and to develop further collaborative and research opportunities across health sectors to implement more dynamic and innovative strategies.

I would like to thank the Australian Government, the Department of Health and Ageing, Minister for Health, Nicola Roxon and Minister for Indigenous Health, Rural and Regional Health and Regional Service Delivery, Hon Warren Snowdon MP (who will oversee the development of the National Men’s Health Policy), for their commitment to men’s health in Australia. The continued support of the Andrology Australia program allows for the provision of much needed resources to the consumer and health professionals.

The dedication of Dr Carol Holden (CEO) and the administrative team is gratefully acknowledged. Their diligence and hard work is the cornerstone of our success in achieving our primary goals of providing evidence-based community and professional education, and the support of research. The continued success of the program would also not be possible without the Advisory Board and Management Group for their essential role of providing guidance in the ongoing development of the program.

Andrology Australia is committed to building the evidence-base in men’s health so that health services, education and policy are informed to meet the changing health needs of Australian men. We look forward to celebrating our tenth year of operation in 2010, and continuing our strategic efforts so that we can continue to help shape the future of men’s health in Australia.

Professor Robert McLachlan
Director
COMMITTEE EDUCATION

Men’s Health Education Kit:
To date, over 1,000 Men’s Health Education Kits have been distributed to individuals and communities wishing to hold men’s health events, so that they are supported with evidence-based presentations and information.

To meet the growing interest in the kits, and following its promotion by the Australian Government as part of the consultation process for the development of the first National Men’s Health Policy, an additional 500 Men’s Health Education Kits were produced this year with generous support from the Australian Government Department of Health and Ageing.

Support of displays and events for men’s health:
Once again, Andrology Australia developed specific resources for organisations and individuals running community and workplace men’s health events during International Men’s Health Week (IMHW) 2009. More than 1000 organisations received the Andrology Australia ‘Protect your troops’ themed resources with 60,000 IMHW 2009 leaflets and 5,000 posters distributed as part of IMHW activities or held during 2009, with the majority of these events in regional areas of Australia.

Support of prostate cancer resources:
Although the Australian Prostate Cancer Collaboration (APCC) ceased operation in 2009, Andrology Australia continues to support the publications and distribution of prostate cancer resources developed by the APCC Education Committee (for example, the localised and advanced prostate cancer guides). This ensures that men and their families affected by prostate cancer still have access to these quality and evidence-based resources.

Lions Australia Prostate Cancer website:
As part of its continuing support of the quality and evidence-based prostate cancer education activities and information developed by the APCC, Andrology Australia is pleased to take on the management of the Lions Australian Prostate Cancer website (www.prostatehealth.org.au).

ANDROLOGY AUSTRALIA AMBASSADOR PROGRAM

Ambassador Merv Hughes continued to raise community awareness of Andrology Australia by speaking at a range of men’s health community events across Australia, and encouraging men to take care of their health and well-being.

Raising awareness of testicular cancer through collaboration:
Andrology Australia collaborated with both Family Planning NSW on a health promotion poster campaign, featuring prominent Penrith Panthers rugby players, and beyondblue: the national depression initiative to support their development of a fact sheet on ‘Anxiety disorders and depression in men with testicular cancer’.
PROFESSIONAL EDUCATION

Andrology Australia is a provider of Category 1 and Category 2 health professional education through the Royal Australian College of General Practitioners (RACGP) Quality Assurance and Continuing Professional Development (QA&CPD) points program, enabling it to develop and deliver quality men’s health education programs to General Practitioners.

Online Active Learning Modules (ALMs):
The Andrology Australia RACGP endorsed ALMs continued to be made available on the Andrology Australia website with approximately 500 GPs completing either the Young Men’s Health or Prostate Cancer Risk Management ALMs to date.

RACGP check program:
In 2009, Andrology Australia also developed content for the RACGP check program which is a home-based self assessment QA&CPD activity for GPs. The education module on male reproductive health, which included eight case studies, was distributed to more than 20,000 GPs.

Education through General Practice Networks:
Andrology Australia continued its collaboration with General Practice Networks in 2009, holding or supporting a number of workshops on men’s health issues that cater specifically to the needs of each network.

Medical curriculum on men’s health:
To ensure that there is appropriate education of future health care professionals in male reproductive health an Andrology Australia Medical Curriculum Working Group has been established. The working group is currently developing a flexible medical curriculum framework that can be tailored to different learning environments at Australian Universities.

Practice nurse education:
An Andrology Australia Practice Nurse Education Reference Group has been established to guide and develop a practical education program for practice nurses, so that practice nurses can deliver current evidence-based men’s health education across Australia, including rural areas.

Andrology Australia fellowships:
Two Andrology Australia fellowships for endocrine registrars continued this year, with both trainees undertaking further postgraduate clinical education and research in various aspects of andrology.

Clinical guidelines on advanced prostate cancer:
Andrology Australia continues to support the development of clinical guidelines for clinicians on the management of advanced prostate cancer by the Cancer Council NSW and the Australian Cancer Network. The guidelines are expected to be disseminated in 2010.

2009 KEY ACTIVITIES

Merv’s Have A Crack Day:
Taking advantage of Merv’s engaging personality and connection with the Australian sporting culture, an annual Andrology Australia ‘Merv’s Have A Crack Day’ cricket fundraising event was established as a means to strategically enhance Andrology Australia’s capacity to provide community men’s health resources and activities.

The inaugural event was held on December 11 with eight teams, each boasting a celebrity player, participating in a carnival-style afternoon of modified Super 8s cricket, and provided an unforgettable day of entertainment, gourmet catering and fun. Merv hosted more than 100 participants, including Honorary Guests, the Minister for Indigenous Health, Rural and Regional Health and Regional Service Delivery, Hon Warren Snowdon MP and Governor Professor David de Kretser AC, to help raise awareness of and funds for Andrology Australia’s community education program and the improvement of men’s health.

‘The Healthy Male’ Andrology Australia Forum 2009:
The 2009 annual forum provided an overview of the latest developments and understanding in men’s health including cross-over issues for younger and older men, social factors and health behaviours, research and medical interventions. Speakers at the forum identified strong themes with a need for interdisciplinary care including the linkages between male reproductive health problems with other chronic disease, and explored the role of preventative health measures.

The forum identified the need for the National Men’s Health Policy to encompass the biomedical, behavioural, genetic, environmental and social determinants of health; including the health of men throughout each life stage, beginning in utero.
ABORIGINAL AND TORRES STRAIT ISLANDER MALES

Aboriginal and Torres Strait Islander Male Health Worker Module:
Development of an education module for male Aboriginal Health Workers on male health continued, with guidance from the Andrology Australia Aboriginal and Torres Strait Islander Male Health Working Group and supported by the Rio Tinto Aboriginal Fund.

Aboriginal and Torres Strait Islander Male Researcher Network:
To further support research capacity in Aboriginal and Torres Strait Islander health in Australia, Andrology Australia supported the second national Aboriginal and Torres Strait Islander Male Researcher gathering held in Alice Springs in February 2009.

Andrology Australia also agreed to provide additional infrastructure support for a part-time secretariat role to support the Network coordinated at Mibbinbah (a Cooperative Research Centre for Aboriginal Health endorsed and funded research project, www.mibbinbah.org), to act as a central contact point for the Network and to assist the Network to source funding.

MEN FROM CULTURALLY AND LINGUISTICALLY DIVERSE BACKGROUNDS

Culturally and Linguistically Diverse (CALD) Reference Committee:
A reference committee of experts working in professional organisations representing a range of cultural and ethnic groups in Australia has been established to identify priority education needs and the best approaches and formats for dissemination of male-specific health information to men and health professionals from CALD communities.

RESEARCH & EVALUATION

Social determinants and the proposed Andrology Australia Men’s Health Australian Longitudinal Study:
For the past seven years, an Andrology Australia Men’s Health Australia Longitudinal Study Working Group has been scoping the need and identifying the knowledge gaps to better understand the range of factors that influence men’s health across the lifespan. To ensure that any men’s health research agenda addresses the associations between biomedical and social factors, an Andrology Australia Social Determinants Expert Reference Committee has also been established.

Klinefelter’s syndrome population screening:
Support continued for a PhD scholarship investigating the feasibility of population-based genetic screening for Klinefelter’s syndrome.

‘Healthy and Active’ workplace health promotion pilot study:
A collaborative research project between Kinect Australia and Andrology Australia was piloted with the staff of two local Government councils to promote physical activity in men by raising awareness of general and reproductive health through communication of relevant health messages within a workplace environment. The pilot results will assist in the development of future health intervention activities.

Men’s Health Education Kit evaluation:
An evaluation of the Men’s Health Education Kit (which provides men’s health presentations, information and tips) demonstrated that the kit is a practical resource that can be readily used by individuals and communities to hold men’s health events and to raise awareness of men’s health issues at a community level. The outcomes of the evaluation were presented at several national conferences.
RESOURCES

Andrology Australia’s quality and evidence-based resources are available to download and order from www.andrologyaustralia.org, or in hard copy by telephone 1300 303 878.

Website - www.andrologyaustralia.org:
Use of the Andrology Australia website increased to more than 1.2 million hits and 50,000 visits every month. Almost 25,000 patient and professional resources were also downloaded from the website every month, highlighting the importance of making evidence-based men’s health information accessible online. In an effort not to duplicate quality information already available on men’s health, Andrology Australia also made available two new booklets on the website:

- ‘Maintaining your well-being: Information on depression and anxiety for men with prostate cancer and their partners’ was developed by beyondblue: the national depression initiative in partnership with the Prostate Cancer Foundation of Australia (PCFA).
- ‘Boys and Puberty: almost everything boys will ever need to know about body changes and other stuff!’ was produced by the Government of Western Australia, Department of Health.

Newsletter - ‘The Healthy Male’:
Distribution of Andrology Australia’s newsletter increased to more than 12,000 copies every quarter.

Consumer guides on men’s health conditions:
The series of five booklets on male reproductive health continue to be made available with more than 200,000 guides distributed to date.

Health Professional (GP) Summary Guidelines:
An additional health professional (GP) summary guide on ‘Engaging men in primary care settings’ was developed and made available in March 2009, with input and support from beyondblue: the national depression initiative and the Freemasons Foundation Centre for Men’s Health.

To date, 2,000 hard copy sets of the health professional summary guidelines have been distributed, and in 2009 over 27,000 individual guidelines were downloaded from the Andrology Australia website.

RECOGNITION

Research award:
For a second year in a row, Andrology Australia was awarded the Clinical Research Poster Award at Southern Health’s Research Week meeting in Melbourne.

ADMINISTRATION

Governance:
Professor Doreen Rosenthal AO retired from her position on the Advisory Board after nine years of involvement. Andrology Australia sincerely thanks Doreen for her enthusiastic commitment and for her invaluable contribution to the establishment and ongoing success of the program.

Administration team:
Andrology Australia also bid a sad farewell to Cassy Bezeruk, who resigned from her position as PR and Communications Coordinator after almost six years with the program.

Two new staff members were welcomed to the Andrology Australia administration team: Dr Veronica Collins as Scientific Writer, and Will Bond as the PR and Online Communications Officer.
Aboriginal and Torres Strait Islander Male Health Working Group:
To further understand the impact of male reproductive health disorders on Aboriginal and Torres Strait Islander communities, and to ensure all projects undertaken by Andrology Australia are culturally sensitive and delivered appropriately, an Aboriginal and Torres Strait Islander Male Health Working Group has been established. Current activities of the Working Group include the development and piloting of an Aboriginal and Torres Strait Islander Male Health Module for Aboriginal Health Workers.

Dr Mark Wenitong (Chair)
Senior Medical Officer, Queensland

Dr Mick Adams
National Aboriginal Community Controlled Health Organisation, ACT

Mr Jason Bonson
Department of Health and Community Services, NT

Mr Anthony Castro
Department of Health and Community Services, NT

A/Professor Noel Hayman
Aboriginal GP and public health physician, University of Queensland, Queensland

Mr Des McKenzie
Aboriginal male health worker, NT

Dr Carol Holden (Project Manager)
Andrology Australia, Victoria

Aboriginal and Torres Strait Islander Male Health Module:
To better equip Aboriginal Health Workers with the skills and knowledge to effectively engage men in their local communities to seek medical assistance, Andrology Australia coordinated the development of a men’s health education module specifically for male Aboriginal Health Workers. Educating male Aboriginal Health Workers is imperative to ensure a skilled workforce and communication of relevant men’s health messages. By providing Aboriginal Health Workers, GPs and nurses with the appropriate information to talk to Aboriginal and Torres Strait Islander males about a broad range of men’s health issues, including reproductive health, it is hoped that Aboriginal and Torres Strait Islander men will more readily speak to health professionals about a range of health concerns.

The 15 unit Aboriginal Health Worker module has been developed and is currently being piloted and reviewed in collaboration with a number of Andrology Australia associates, members of the Andrology Australia Aboriginal and Torres Strait Islander Male Health Working Group and other collaborative partners. The content includes information on a range of male health issues and is reflective of cultural and social issues relevant to Aboriginal and Torres Strait Islander communities.

A shortened version of three units which provide an introduction to the longer version of the Aboriginal and Torres Strait Islander module on Male Health for Aboriginal Health Workers was piloted in 2009 at a meeting of Aboriginal Health Workers, with support of Mibbinbah Inc. (a CRCAH endorsed and funded research project, www.mibbinbah.org).

The Aboriginal Health Worker module has been developed with financial support from a grant from the Rio Tinto Aboriginal Fund.
Aboriginal and Torres Strait Islander Male Health Researcher Network:
For the past two years, Andrology Australia, in association with the Department of Families Housing Community Services and Indigenous Affairs (FaHCSIA), the Office for Aboriginal and Torres Strait Islander Health (OATSIH), the Centre for Remote Health, Baker IDI Heart and Diabetes Institute, and the Cooperative Research Centre for Aboriginal Health (CRCAH), has provided support for the annual meetings of the National Aboriginal and Torres Strait Islander Male Health Researcher Network. There were also significant in-kind contributions from participants and their employing organisations and institutions.

These annual forums have brought together a growing number of Aboriginal and Torres Strait Islander male health researchers, health advocates and leaders from across Australia; who are striving to improve the health of Aboriginal and Torres Strait Islander males and the evidence-base for health and health services related to the well-being of their families and communities. The meetings have aimed to build capacity through a National Aboriginal and Torres Strait Islander Male Health Researcher Network so as to promote interaction between Indigenous male researchers. This network will develop evidence-based information on Aboriginal and Torres Strait Islander male health, and serve to promote access to and sharing of knowledge through the support and mentorship of other Indigenous males.

The meetings have also addressed the underlying concerns about the current critical status of Aboriginal and Torres Strait Islander male health including the identification of the critical needs affecting both the health of Indigenous males and those males who are responding to these needs.

The National Aboriginal and Torres Strait Islander Male Researcher Network is expected to play an important lead role in research development, policy consultation and program development through stronger connections with Indigenous men, families and communities, community-controlled and mainstream service providers, and Government.

To ensure this network of emerging leaders is supported into the future Andrology Australia has agreed to provide the infrastructure support for a part-time secretariat role to support the National Aboriginal and Torres Strait Islander Male Health Researcher Network. The position will be co-ordinated at Mibbinbah (a CRCAH endorsed and funded research project, www.mibbinbah.org) to act as a central contact point for the Network and to assist it in sourcing funding.
MEN’S HEALTH FOR ALL AUSTRALIAN MEN
MEN FROM CULTURALLY AND LINGUISTICALLY DIVERSE BACKGROUNDS

The Andrology Australia MATeS study found that reproductive health problems are common and that men from non-English speaking backgrounds were less likely to seek help for male-specific health disorders. This highlighted the need for men from culturally and linguistically diverse (CALD) backgrounds to have access to accurate health information for different language groups so as to ensure that these men can make informed decisions about their health.

However, providing health information to men from CALD communities requires more than simple translation. This is particularly important for more personal and sensitive health issues such as male-specific health problems, where the need to be respectful of customs and cultural beliefs is even more important.

In 2005, Andrology Australia supported a project coordinated by NSW Multicultural Health Communication Service and Family Planning NSW to develop and focus test men’s health information. As a result, the User’s guide: ‘What every man needs to know’ brochure is available in 12 different languages in fact sheet format via the Andrology Australia (www.andrologyaustralia.org) and NSW Multicultural Health Communication Service (www.mhcs.health.nsw.gov.au) websites.

Further to this project, Andrology Australia has continued its collaboration with the NSW Multicultural Health Communication Service to establish a broader Culturally and Linguistically Diverse (CALD) Reference Committee of representatives from professional organisations representing a range of cultural and ethnic groups in Australia. The committee aims to identify priority education needs and the best approaches and formats for dissemination of male-specific health information to men and health professionals from CALD communities.

Peter Todaro (Chair)
NSW Multicultural Health Communication Service, NSW

Lynn Cain
Australian Multicultural Foundation, Victoria

Carmine Di Campli
NSW Health, NSW

Chris Gollan (Project Manager)
NSW Multicultural Health Communication Service, NSW

Zhihong Gu
Ethnic Communities Council of Queensland (ECCQ), Queensland

Peter Van Vliet
Federation of Ethnic Communities Councils of Australia (FECCA), ACT

Dr Carol Holden
Andrology Australia, Victoria
More than 120 Andrology Australia associates, key stakeholders and health professionals with an interest in men’s health gathered in the Gold Coast, Queensland for a forum in mid June 2009 to advance men’s health in Australia. The forum was opened by Professor David de Kretser AC, Governor of Victoria who noted that the forum theme of a holistic approach to men’s health must also be reflected in the forthcoming men’s health policy.

“The National Men’s Health Policy should encompass the biomedical, behavioural, genetic, environmental and social determinants of health; including the health of men throughout each life stage, beginning in utero. The Policy must cater not only for our current knowledge, but also be flexible to encompass future developments, emerging issues in health care and thus deal with changes in health needs in the future, for men, their sons and their son’s sons.”

The forum was an opportunity for sharing knowledge across a number of disciplines. Speakers identified strong themes with a need for interdisciplinary care including the capacity of male reproductive health problems to act as ‘windows to other chronic disease’ and further opportunities to engage men (including Aboriginal and Torres Strait Islander males) in men’s health programs. Challenges in men’s health particularly in reference to medical education, access (including for incarcerated men, and for adolescents) and preventative health were also explored. Feedback on the forum and GP workshop has been very positive, with many participants highlighting the opportunities the forum provides for networking and developing new collaborations with those working in different sectors of men’s health.

Andrology Australia would like to thank the conference organisers (ASN Events), the sponsors for their support, and all those who attended for their acknowledgement of the need to improve men’s health in Australia.

Andrology Australia would like to acknowledge the speakers of the Andrology Australia Forum 2009:

- A/Professor Alexandra Barratt, University of Sydney, NSW
- Professor Ron Borland, The University of Melbourne, Victoria
- A/Professor Tony Butler, Curtin University, WA
- Professor David Clarke, Research adviser, beyondblue: the national depression initiative
- A/Professor Ian Davis, Ludwig Institute for Cancer Research Melbourne Centre, Victoria
- Travis Edward, Social worker, Victoria
- Dr Raie Goodwach, Malvern Psychotherapy Centre, Victoria
- Professor David Handelsman, Anzac Research Institute
- A/Professor Doug Lording, Cabrini Hospital and Monash University, Victoria
- Professor Gordon Lynch, The University of Melbourne, Victoria
- Professor Rob McLachlan, Prince Henry’s, Victoria
- Professor Philip Mitchell, University of New South Wales, NSW
- Professor Rob Moodie, University of Melbourne, Victoria
- A/Professor Martin Ng, University of Sydney, NSW
- A/Professor Julie Owens, University of Adelaide, SA
- Dr Steve Robertson, Leeds Metropolitan University, UK
- Peter Simpson, BSS Corporate Psychology Service, WA
- Suzanne Turner, Melbourne Health, Victoria
- Professor Gary Wittert, University of Adelaide, SA
- Dr Mark Wenitong, Senior Medical Officer, Queensland
- A/Professor Alan Wright, General Practitioner, WA
ENGAGING MEN OF ALL AGES

COMMUNITY EDUCATION

To increase community capacity for raising awareness and the improvement of men’s health, Andrology Australia supports the growing number of individuals and organisations working at the local level. Through the provision of quality and evidence-based information and resources to men and the community, at no cost, men are supported to be able to make informed health decisions, and encouraged to seek help from their local doctor or other health services.
RAISING AWARENESS OF MEN’S HEALTH

ANDROLOGY AUSTRALIA AMBASSADOR PROGRAM

A noted former Australian cricketer and avid Ambassador for Andrology Australia and the advancement of men’s health, Merv travels Australia to speak at community events to encourage men to look after their health. Merv emphasises the importance of a healthy lifestyle to benefit men’s general health and their relationships with family and friends.

Andrology Australia’s Ambassador Program in 2009:

Each year, slotting into his busy cricket schedule, Andrology Australia Ambassador Merv Hughes travels to various communities across Australia to speak at men's health events, to remind men to look after their health and to promote the resources and activities available through Andrology Australia. Merv’s easy nature, humorous story telling ability and ‘no nonsense’ approach makes him appealing to all those who attend the events, and helps to normalise talking about men’s general and reproductive health.

In early 2009, Merv attended and spoke at a men’s health golf day in outback Queensland, with 100 men attending from local farms and rural areas. At Whittlesea City Council in Victoria, Merv spoke to 120 male workers to encourage men to get active, reinforcing the positive health messages of the Kinect Australia and Andrology Australia pilot workplace health promotion program.

In May at Churchill in regional Victoria, which was badly affected by the fires in the summer of 2008/9, Merv promoted men’s health to more than 100 men and offered some light-hearted banter to boost morale. In Numurkah, Merv was keynote speaker to nearly 400 attendees at a men’s health evening, 80 per cent of the men also completing a ‘pit stop’ health check.

In Tasmania, during International Men’s Health Week 15th-21st June, Merv helped launch the Clarence City Council’s ‘Healthy Ageing Plan’, promoting the importance of visiting your GP for preventative health checks.

Merv had a busy month in October, starting in Victoria at the BlueScope Steel Western Port site in Hastings, where he walked the ‘pickle line’ (where the steel is treated), attended an employees men’s health expo and spoke to the employees, engaging more than 250 workers.

Merv then travelled to rural South Australia in late October. Initially to Roxby Downs for a men’s health golf day with 120 men, then to Australia’s largest underground mine BHP Billiton Olympic Dam mine site, 560 kilometres north of Adelaide. Merv toured the mine site and ran a series of underground men’s health workshops with a total of 120 mine workers.

The last community event for Merv in November was a ‘pit stop’ health check evening at Wangaratta, as keynote speaker to more than 300 attendees.

Andrology Australia would like to thank the organisers and sponsors of all of the community events, and particularly Ambassador Merv Hughes, for their support in raising the profile of men's health across Australia.

Comedian Damian Callinan helps raise awareness of Andrology Australia:

In 2009, Comedian Damian Callinan helped Merv in raising awareness of men’s health, tackling the taboo area of infertility and promoting Andrology Australia in his long running hilarious and provocative show about infertility named ‘Spaznuts’. The show is a biographical look at the journey of Damian’s own experience of infertility and the condition he calls ‘Spaznuts’. Damian performed the show throughout 2009 and organised performances in regional arts centres to coincide with International Men’s Health Week 2009.
RAISING FUNDS FOR CONTINUING COMMUNITY EDUCATION

MERV’S ‘HAVE A CRACK DAY’

To ensure the longevity and strategic capacity of the Andrology Australia program to continue to develop and provide men’s health education resources and activities to men and the community, an annual Andrology Australia Merv’s ‘Have a Crack Day’ fundraising event has been established, leveraging the personality of Ambassador Merv Hughes.

The inaugural Merv’s ‘Have a Crack Day’ event took place on Friday 11th December and is set to become a prominent fixture on Melbourne's sporting event calendar. The event provided the chance for a limited number of registered teams and sponsors to celebrate the love of cricket in a unique atmosphere, while also raising awareness of men's health and much needed funds for the continuation of Andrology Australia’s men’s health community education program.

The carnival-style afternoon of cricketing fun was set in the beautiful grounds of Trinity Grammar School in Kew, Victoria and was officially opened by and participated in by cricket lover and men’s health advocate, the Governor of Victoria, Professor David de Kretser AC who is also Patron of Andrology Australia, and the Minister for Indigenous Health, Rural and Regional Health and Regional Service Delivery, Hon Warren Snowdon MP who will oversee the development of the National Men’s Health Policy.

Every team boasted a legend, but winning wasn’t the order of the day. While men’s health is a serious business, the event was all about ‘Having A Crack’, regardless of ability with bat or ball. The teams played a modified Super 8s format alongside celebrities, including Andrology Australia Ambassador Merv Hughes, Merv's Australian cricketing companions Damien Fleming, Ian Healy and Rodney Hogg, Australia’s greatest ever basketballer Andrew Gaze, Melbourne’s most read sports journalist Greg Baum, football personality and renowned AFL commentator Anthony Hudson and Australian Olympic champion Steve Monaghan.

It was an unforgettable afternoon filled with music, entertainment, gourmet food and fun made possible through the generosity of individuals and organisations participating in, providing donations or gifts in kind for, and sponsoring the event.

Andrology Australia thanks all of the participating teams for their support of men’s health; including the Victorian Department of Health ‘Go for your Life’, Telstra, Metaland, Salter Foundation, Knox Tavern, Women of the Melbourne Cricket Club (sponsored by BHP Billiton), Erdi Group and Diadora, who were also the official merchandise and apparel event sponsor.

Andrology Australia would like to sincerely thank those who gave of their time and expertise at no cost, Stick Mareebo who was the DJ on the day, the umpires, and Christian Binder and his team who provided massages to participants.

The event would not have been possible without the dedication of the event organiser Signature Sporting Events, hosts Trinity Grammar School, in particular Rohan Brown and the ground staff, the support of Edge Sports Marketing, the celebrity participants and Andrology Australia Ambassador Merv Hughes.

Andrology Australia prides itself on its collaboration with other organisations, and looks forward to continuing the relationships developed as part of Merv’s ‘Have a Crack Day’. We look forward to another successful Merv’s ‘Have a Crack Day’ in 2010, and acknowledge all of the sponsors who made the event possible and for their support of men’s health in Australia.
Support of displays and events for men’s health:
Once again, Andrology Australia developed specific resources for organisations and individuals running community and workplace men’s health events during International Men’s Health Week (IMHW) 2009. More than 1000 organisations received the Andrology Australia ‘Protect your troops’ themed resources with 60,000 IMHW 2009 leaflets and 5,000 posters distributed as part of IMHW activities or other events held during 2009, with the majority of these events being run in regional areas of Australia.

Article contributions:
To raise awareness of male reproductive health and associated conditions, Andrology Australia provides articles for publication in other organisation’s newsletters. Contributions were made to the following organisations in 2009:

- Australian Pituitary Foundation
- APNA ‘Primary Times’
- Better Health Channel
- Continence Foundation
- Diabetes Australia
- General Practice Networks
- Eastern Sydney Division of General Practice, NSW
- Emale
- FECCA Mosaic magazine
- Flinders and Far North Queensland Division of General Practice, SA
- Foundation 49 ‘A whole new ballgame’
- Fertility Society of Australia Newsletter
- Melbourne General Practice Network, Victoria
- Melbourne Fire Brigade
- Monash IVF
- Monash University
- Peak Health Management
- Queensland Police
- Scania
- United Firefighters Union
- Victoria Police

Community and workplace events:
In addition to providing community resources, Andrology Australia also provides speakers to an increasing number of men’s health seminars held across Australia each year, reflecting a broader community interest in men’s health. Andrology Australia appreciates the commitment of the wider community to men’s health and acknowledges the following organisations for showing their support through seminars or displays:

- ANZ Health & Well-being Seminar
  Sydney, NSW and Melbourne, Victoria: February 2009
- South West Healthy Communities
  Charleville, Queensland: February 2009
- Whittlesea City Council Workplace Pilot Project
  Whittlesea, Victoria: March 2009
- FamilyCare Men’s Health Event
  Seymour, Victoria: May 2009
- Christian Brothers Men’s Health Event
  Sydney NSW: May 2009
- La Trobe Community Health Service
  Churchill, Victoria: May 2009
- Numurkah District Health Services
  Numurkah, Victoria: June 2009
- Clarence City Council ‘Positive Ageing’ Launch
  Hobart, Tasmania: June 2009
- Well-being at Monash: Men’s Health Seminar
  Clayton, Victoria: June 2009
- TWU Safety Seminar
  Melbourne, Victoria: July 2009
- OneSteel Corporate Men’s Health
  Hastings, Victoria: October 2009
- Roxby Downs Health Service
  Roxby Downs, SA: October 2009
- BHP Billiton Mine Site Men’s Staff Health Events
  Olympic Dam, SA: October 2009
- Men’s Health Pit Stop Community Event
  Wangaratta, Victoria: November 2009
SUPPORT OF PROSTATE CANCER RESOURCES

As prostate cancer awareness is increasing with more media attention, more men are seeking information about the need for testing. To ensure men have access to quality information based on the current evidence-base to inform their health decisions, Andrology Australia has further developed collaborations in this area.

Australian Prostate Cancer Collaboration (APCC) Education Committee:
The APCC was established in 1998 as a unique collaborative program amongst those involved in prostate cancer care, research and education in Australia. Over the past ten years and with the support of many collaborators the APCC has undertaken a broad range of activities in both the public, professional and research fields. Although the APCC ceased operation in 2009, Andrology Australia continues to support prostate cancer education activities and disseminate publications developed by the APCC Education Committee. This ensures that men and their families affected by prostate cancer still have access to the quality and evidence-based resources.

The current edition of the APCC Localised Prostate Cancer Consumer guide can now be downloaded or ordered online from the Andrology Australia website (www.andrologyaustralia.org). The comprehensive booklet is ideal for men who have been diagnosed with localised prostate cancer and details the range of treatment options available. As with all Andrology Australia publications, the APCC resources are also made available free of charge.

The Lions Australian Prostate Cancer website:
In continuing to support the quality and evidence-based prostate cancer education activities and information developed by the APCC, Andrology Australia is also pleased to have taken on the management of the Lions Australian Prostate Cancer website (www.prostatehealth.org.au).

The Lions Australian Prostate Cancer website was established in 2000 by the APCC Education Committee. The website was developed in response to a needs assessment survey of men with prostate cancer, which was done with the help of the Association of Prostate Cancer Support Groups (now the Support and Advocacy Committee of the Prostate Cancer Foundation of Australia).

Development funding was kindly provided by Lions Australia, and the website was supported in kind by the Repatriation General Hospital, South Australia, as the developer of much of the original content. The site assists men affected by prostate cancer and their families by providing information on prostate cancer and treatment options, educational resources, stories and experiences. The site received a Public Health Association of Australasia Award in 2001, has an online helpline and attracts approximately 400,000 hits and 45,000 visitor sessions each month.

Since its development, the content of the site has been contributed to and updated by the APCC Education Committee. Andrology Australia will continue to work with the APCC Education Committee and Lions Australia to ensure that the content of the site is kept up to date and provides men and their families with accurate and evidence-based information on prostate cancer.
KNOWLEDGE CREATION FOR THE IMPROVEMENT OF MEN’S HEALTH

PROFESSIONAL EDUCATION

Andrology Australia is recognised as a reputable provider of quality and evidence-based education in male reproductive health to general practitioners. To ensure the broad range of current and future health professionals are informed on the current evidence-base including the linkages between male reproductive and general health and well-being, the program’s educational activities have expanded to encompass practice nurses and medical students.
PREVENTION THROUGH EDUCATION
Andrology Australia is now an accredited provider of Category 1 and Category 2 health professional education through the Royal Australian College of General Practitioners (RACGP) Quality Assurance and Continuing Professional Development (QA&CPD) program.

**RACGP check program:**
Andrology Australia developed content for the RACGP check program for GP education on male reproductive health in 2009. The check program is a RACGP home-based self assessment QA&CPD activity for general practitioners. Each unit consists of a series of clinical cases accompanied by questions and answers designed to bring out the key points of the topic.

Topics of the case studies included health issues that affect younger and older men including Klinefelter’s syndrome, testicular cancer, male infertility, prostatitis, premature ejaculation, androgen deficiency, and prostate disease.

Andrology Australia worked collaboratively with a number of GPs and specialists, including the Andrology Australia National GP Reference Group, to guide the development of the case studies which were published in the form of a booklet and CD-Rom, and distributed to all members of the RACGP in February 2009.

**Active Learning Modules (ALM):**
Andrology Australia provides a series of RACGP accredited interactive online Active Learning Modules on male reproductive health, available on the Andrology Australia website (www.andrologyaustralia.org), to assist GPs in the diagnosis and management of their younger and older male patients.

**Younger Men’s Health ALM:**
An Andrology Australia ALM consisting of four case studies on the reproductive health of the younger male, addressing the health issues of male physical examination, androgen deficiency, Klinefelter’s syndrome, male infertility, testicular cancer, prostatitis and premature ejaculation has been developed. All of the case studies were written by affiliated specialists and the Andrology Australia National GP Reference Working Group. The full completion of the four case studies of the ALM attracts 40 category 1 RACGP QA&CPD points.

GPs who complete the online Younger Men’s Health ALM also receive a free Andrology Australia orchidometer (an instrument used to measure testis size) and set of hard copy GP summary guides to help support their clinical practice in the longer term.

Over 230 GPs across Australia have completed the online ALM to date. The ALM is a key initiative of Andrology Australia and was developed in conjunction with the Department of General Practice, Monash University and ThinkGP.

**Prostate Cancer Risk Management ALM:**
Developed by the Cancer Council Queensland, the Australian Prostate Cancer Collaboration and ThinkGP, with financial support from Andrology Australia, the Prostate Cancer Risk Management ALM explores the latest evidence on testing for prostate cancer, efficacy of prostate cancer testing options and the side effects of various prostate cancer treatments. The ALM consists of three case studies and provides research material on the assessment of prostate cancer risk factors, and attracts 40 category 1 RACGP QA&CPD points when completed. Since its launch in September 2008, over 250 GPs have completed the ALM.
Education through general practice networks and specialist communities:
Each year Andrology Australia surveys the General Practice Networks on their past, current and future planned men’s health GP education activities and interest areas, and the results are incorporated into a collaborative strategy for GP education for the following year. In 2009, Andrology Australia continued its collaboration with the General Practice Networks, providing a speaker and/or resources at a number of network workshops on men’s health issues, which catered to the individual network’s needs. Andrology Australia provides experts in specific areas of men’s health to speak at seminars and workshops to GPs and other health professionals to facilitate their learning. The following events were held in 2009 and topics included erectile dysfunction, premature ejaculation, rural men’s health, prostate cancer, incontinence, and male physical examination.

GPpartners
Brisbane, Queensland: March, 2009

GP Education
Melbourne, Victoria: April, 2009

General Practitioner Conference and Exhibition
Sydney, NSW: June, 2009

Department of Veterans Affairs
Melbourne, Victoria: July, 2009

Dandenong Casey General Practice Association
Dandenong, Victoria: July and August, 2009

Central Victoria GP Network
Bendigo, Victoria: August, 2009

AMREP Alfred Hospital
Melbourne, Victoria: August, 2009

PivotWest
West Footscray, Victoria: August, 2009

NSW Rural Vocational Training Service
Teleconference: September, 2009

North East Victorian Division of General Practice
Benalla, Victoria: October, 2009

Symposium support and conference exhibitions:
Andrology Australia provided support through sponsorship of speakers and/or trade displays at the following events.

2nd Meeting Aboriginal & Torres Strait Islander Male Health Researcher Network
Alice Springs, NT: February, 2009

The Urological Society of Australia and New Zealand Annual Scientific Meeting
Gold Coast, Queensland: March, 2009

National Rural Health Alliance Conference
Cairns, Queensland: May, 2009

10th National Prostate Cancer Symposium
Melbourne, Victoria: August, 2009

Australia Council of Rural and Remote Medicine (ACRRM) Conference
Coburg, Victoria: October, 2009

GP’09. Royal Australian College of General Practitioners
Perth, WA: October, 2009

Federation of Ethnic Communities’ Council Australia (FECCA) Conference
Shepparton, Victoria: October, 2009

General Practitioner Conference and Exhibition (GPCE)
Melbourne, Victoria: November, 2009

Clinical guidelines on advanced prostate cancer:
Andrology Australia continued to provide support for the development of guidelines for clinicians on the management of advanced prostate cancer, which are expected to be completed and published in 2010. The advanced prostate cancer guidelines are being developed by the Cancer Council NSW and Australia Cancer Network, in collaboration with the Australian Prostate Cancer Collaboration (APCC), the Urological Association of Australia and New Zealand, the Clinical Oncological Society of Australia and the Faculty of Radiation Oncology of the Medical Oncology Group of Australia, with support from Andrology Australia and the Prostate Cancer Foundation of Australia.
National GP Reference Working Group:
To ensure that professional education programs are relevant and appropriate to GP practice, Andrology Australia established a National GP Reference Working Group. The working group plays an active role in the development of current and emerging general practitioner education resources and activities.

Professor Rob McLachlan (Chair)
Andrology Australia, Victoria

Dr Carolyn Allan
Endocrinologist, Victoria

Dr Geoff Broomhall
GP, Victoria

Dr Raie Goodwach
Psychosexual Therapist, Victoria

Dr Michael Lowy
GP, NSW

A/Professor Alan Wright
GP, WA

Dr Megan Cock (Project Manager)
Andrology Australia, Victoria

Australian medical curriculum on male reproductive health:
A preliminary scoping exercise in 2008 found that men’s health education is generally limited and appears to vary between medical curricula across Australia. To ensure there is appropriate education of future health care professionals in male reproductive health, Andrology Australia is developing a flexible medical curriculum framework.

The medical curriculum framework will consist of a set of 10 core areas divided into the two key themes, younger men’s health (including testicular cancer, male infertility, prostatitis, sexual dysfunction) and older men’s health (including erectile dysfunction, androgen deficiency in ageing men, prostate disease, including benign prostate enlargement and prostate cancer).

To assist and advise in the development of the core curriculum an Australian Medical Curriculum Working Group has been established.
**Australian Medical Curriculum Working Group:**
The working group will provide advice on the development and design of resources, evaluate primary uptake of the curriculum, and assist in the development of strategy to ensure the curriculum package remains current and up-to-date.

**Professor Rob McLachlan (Chair)**
Andrology Australia, Victoria

**Professor Ben Canny**
Monash University, Victoria

**A/Professor Tessa Ho**
University of Sydney, NSW

**Mr Tim Smith**
Australian Medical Students Association, Queensland

**A/Professor Bu Yeap**
University of Western Australia, WA

**Cameron Korb-Wells**
Australian Medical Students Association, ACT

**Dr Megan Cock (Project Manager)**
Andrology Australia, Victoria

**Practice Nurse Education Reference Group:**
An Andrology Australia Practice Nurse Men’s Health Education Survey in 2008 found a high proportion of Practice Nurses had never undergone professional men’s health education in a number of areas, particularly reproductive health and associated conditions.

A Practice Nurse Reference Group has been established to address this education need and includes practice nurses who are still actively practicing. The project aims to develop a pilot education program suitable to practice nurse needs and preferred methods of education. The project is being undertaken with the support and collaboration of the Australian Practice Nurses Association. To address this need and in collaboration with the Australian Practice Nurses Association, a Practice Nurse Education Reference Group was established in 2009.

**Julie Twomey**
Dr Liang, Stockeld and Ellis's Surgery, Queensland

**Del Lovett**
General Practice Victoria, Victoria

**Ruth Mursa**
Glendale Medical Centre & Family Planning NSW

**Ms Taletha Groves (Project Manager)**
Andrology Australia, Victoria

**Andrology Fellowships:**
A training program based on the two-tier comprehensive European Andrology Training Program is being developed that includes both clinical and research components, with trainees attending specialist (urology, endocrine and fertility) clinics over a period of one or two years.

Andrology Australia is supporting two endocrine trainees to undertake comprehensive training in male reproductive health to build the clinical expertise in this area.

In collaboration with Andrology Australia, the Victorian fellowship is managed through Southern Health and Prince Henry's Institute, and the NSW fellowship by the ANZAC Research Institute.
In anticipation of the release of the National Men’s Health Policy and further program funding aligned with the key objectives outlined in the policy, this year Andrology Australia concentrated on strategic planning for future research efforts. Andrology Australia continued to identify gaps in understanding and promoted the importance of the need to increase the evidence-base on men’s health as part of a broader men’s health research agenda to better inform policy and practice in men’s health in Australia.
Men's Health Australia Longitudinal Study:
The Andrology Australia Men's Health Australia Longitudinal Working Group continues to scope and identify the key biomedical, psychological and social health determinants for men's health research, with the guidance from the newly established Social Determinants Expert Reference Committee.

It is envisaged that such information will help develop the men's health research agenda in Australia through an understanding of changing patterns in health indicators in men across the lifespan that would be identified through a national men's health longitudinal study.

Men's Health Australia Longitudinal Study Working Group:
Andrology Australia established a Longitudinal Study Working Group in 2002, to scope the knowledge and research gaps to develop a research agenda that would broadly investigate social and biomedical determinants of men's health, focused on aspects of physical, mental and reproductive health and well-being and their determinants.

Professor Rob McLachlan (Co-Chair)
Andrology Australia, Victoria

Professor David Handelsman (Co-Chair)
ANZAC Research Institute & Dept of Andrology, Concord Hospital, University of Sydney, NSW

Professor Robert Cumming
Centre for Education & Research on Ageing, Concord Hospital, University of Sydney, NSW

Professor Wayne Hall
University of Queensland, Queensland

A/Professor Damien Jolley
Monash Institute of Health Services Research, Victoria

Professor Marian Pitts
Australian Research Centre in Sex, Health & Society, La Trobe University, Victoria

Professor Gary Wittert
Department of Medicine, University of Adelaide, SA

Dr Carol Holden (Project Manager)
Andrology Australia, Victoria

The ongoing support of the Governor of Victoria and Patron of Andrology Australia, Professor David de Kretser AC, in this important initiative is also acknowledged.

Social Determinants Expert Reference Committee:
To ensure that the associations between biomedical and social factors are better understood, an Andrology Australia Social Determinants Expert Reference Committee has been established to support the work of the Men's Health Australia Longitudinal Study Working Group.

The committee's aim is to provide advice on the current evidence-base regarding those social factors that are important to men's health, in order to identify potential points of action and intervention to improve men's health outcomes in the longer term.

The expert committee is comprised of nominees from the Andrology Australia Men's Health Australia Longitudinal Study Working Group, academic researchers and policy analysts with an interest in men's health and/or social determinants of health. Andrology Australia acknowledges that two members, Professor John Lynch (Chair) (University of South Australia) and Professor Wayne Hall (University of Queensland), were recognised in 2009 as NHMRC Australia Fellows, highlighting the level of experience that this committee brings to the work of the program.

A/Professor Kylie Ball
Senior Research Fellow, School of Exercise and Nutrition Sciences, Deakin University, Victoria

A/Professor Tony Butler (appointed December 2009)
National Drug Research Institute, Curtin University, WA

Professor Wayne Hall
School of Population Health, University of Queensland, Queensland

Dr Matt Haren
NHMRC Post-Doctoral Fellow (Public Health) Population Health Research Group, SANSON Institute, University of South Australia, SA

Professor Damien Jolley
Interim Director, Monash Institute of Health Services Research, Victoria
A/Professor John Litt
Senior Lecturer, Department of General Practice, Flinders University, SA

Professor John Lynch (Chair)
Research Chair (Epidemiology) Division of Health Sciences, University of South Australia, SA

Professor John Macdonald
Co-Director Men’s Health Information & Resource Centre, University of Western Sydney, NSW

Ms Heather Petty
Principal Project Officer (Strategic Research), Strategic Planning and Analysis Unit, Policy and Intergovernment Relations Division, SA Health, SA

A/Professor Gavin Turrell
Senior Research Fellow, School of Public Health, Queensland University of Technology, Queensland

Klinefelter’s syndrome population screening:
A study into the feasibility of population-based screening for Klinefelter’s syndrome, continued with support of a PhD scholarship. The study aims to determine the prevalence and detection rates of Klinefelter’s syndrome in Victoria, and secondly how the age of diagnosis affects the biomedical and psychosocial outcomes for men with Klinefelter’s syndrome, including their quality of life.

This study provides the first Australian calculation of prevalence and diagnosis rates for Klinefelter’s syndrome and suggests higher detection rates than those seen overseas. Men with Klinefelter’s syndrome have been recruited and asked to complete a biomedical and psychosocial outcomes survey, and results of the survey are currently being compiled.

The study is being conducted in Victoria by PhD student Amy Herlihy at the Department of Public Health Genetics at the University of Melbourne with financial support from Andrology Australia and Bayer Schering Pharma. Other collaborative partners include Prince Henry’s Institute and the Department of Obstetrics & Gynaecology, Monash University.

‘Healthy and Active’ workplace health promotion pilot study:
To explore the capacity of workplace health promotion programs to influence men’s health, Kinect Australia and Andrology Australia have been working on a collaborative project over the past 18 months. The project aims to determine whether a pilot workplace health promotion initiative aimed at staff from two Victorian local government councils, one regional and one metropolitan, is effective in raising the awareness of the benefits of physical activity to general and reproductive health, and to increase physical activity uptake in men.

The results of the pilot project will assist in the development of future health intervention activities. Further initiatives will take into account the need for the project to be driven internally, a distinction made between workplace and ‘out of work’ physical activity, and whether the program could be applied to other councils or workplaces. The support of the Australian Government Department of Health and Ageing – Healthy Active Australia: Community and Schools Grants Program is gratefully acknowledged.

Men’s Health Education Kit Evaluation:
An evaluation of the Men’s Health Education Kit has been undertaken to determine its effectiveness in assisting individuals and organisations to conduct successful men’s health events, and to guide future development.

The evaluation demonstrated that the Men’s Health Education Kit is a practical resource that can be readily used to raise the awareness of men’s health issues at the local community level.

The kit has also been promoted as a community resource as part of the consultation process for the development of the first National Men’s Health Policy by the Australian Government. Due to the popularity of the men’s health education kit and with generous additional support from the Australian Government Department of Health and Ageing, a further 500 kits were produced in 2009. Over 1,000 men’s health education kits have been distributed to date.

The kit was developed in collaboration with a number of community health organisations that have an interest and experience in men’s health. Financial support was provided for the initial development and distribution of the kit by the Rural Health Branch of the Australian Government Department of Health and Ageing.
EDUCATING MEN TO MAKE INFORMED HEALTH DECISIONS

ANDROLOGY AUSTRALIA RESOURCES

To improve accessibility and awareness of male reproductive health and associated conditions for men, communities and health professionals across Australia, Andrology Australia translates important research into evidence-based men’s health resources, and makes an increasing number of these resources available online in a range of formats.

With many resources being made available online, the Andrology Australia website has become a popular portal of information for a range of men’s health issues.

All Andrology Australia community and health professional resources are available at no cost, and can be downloaded or ordered online at www.andrologyaustralia.org, or ordered via phone on 1300 303 878.

MEN’S HEALTH RESOURCES

Website ‘www.andrologyaustralia.org’:
The website received an average of 1,200,000 hits and 50,000 visitors every month in 2009. Around 25,000 patient and professional resources were downloaded from the Andrology Australia website every month in 2009.

Fact sheets:
Twenty-two fact sheets are now available to download online and over 90,000 were downloaded from the Andrology Australia website in 2009.

Consumer guides:
Over 200,000 copies of the consumer guides of which there are five available on male reproductive health have been distributed to date.

A User’s Guide ‘What every man needs to know’:
Over 2,600 User’s guides were downloaded from the website in 2009 and over 200,000 hard copies have been distributed to date. The brochure is also available in 12 different languages and can be downloaded from the Andrology Australia website. Languages include Arabic, Bosnian, Chinese, Dari, Farsi, Greek, Italian, Khmer, Korean, Serbian, Turkish and Vietnamese.

Newsletter ‘The Healthy Male’:
A growing number of individuals and organisations registered for the Andrology Australia newsletter ‘The Healthy Male’ with now more than 12,000 copies of the newsletter distributed every quarter.
Fertility booklet ‘Your sperm and how to look after them’:
To date, over 16,000 hard copies of the men’s fertility booklet ‘Your sperm and how to look after them’ have been distributed and 4,800 copies downloaded since its launch in November 2008. The booklet was developed by Andrology Australia in conjunction with the Fertility Society of Australia and ACCESS Australia and provides a summary of conditions, behaviours and situations that can affect male fertility and outlines the measures men can take to preserve their fertility potential.

Men’s Health Education Kit:
Developed in 2007 to assist individuals and organisations to hold community seminars and raise awareness of men’s health issues, the men’s health education kit ensures that people running men’s health events anywhere in Australia are able to provide the same important health messages to men of all ages.

The kit is a comprehensive resource providing everything an individual or group would need to run a men’s health education event effectively, and includes a promotional poster and flyer, education kit manual, interactive speaker presentations on both younger and older men’s health issues, comprehensive speaker notes, a GP men’s health checklist and a CD-ROM of supporting documentation (including templates of a media release, evaluation form, follow-up article and presentation notes).

Over 1,000 Men’s Health Education Kits have been distributed to assist community members to run a successful men’s health event.

HEALTH PROFESSIONAL RESOURCES

GP summary guides:
To assist GPs in the management of their male patients, a series of eleven GP summary guides on the management of male sexual and reproductive health has been developed. The guides are available in hard copy or to download from the Andrology Australia website.

To date, 2,000 hard copy sets of GP summary guides have been distributed to GPs, and almost 3,000 are downloaded from the website every month. The latest GP summary guide ‘Engaging men in primary care settings’ was developed and made available in 2009.

Orchidometers:
The Andrology Australia orchidometer is a medical device for qualified health professionals to measure testis size in a clinical setting. To date, Andrology Australia has distributed more than 700 orchidometers to health professionals.

Orchidometers are available at no cost to GPs registered in Australia upon completion of the online Young Men’s Active Learning Module. Alternatively, orchidometers can be purchased online at www.andrologyaustralia.org.

The orchidometer was developed with financial support from Bayer Schering Pharma.
OTHER RESOURCES

To avoid duplication of resources, the evidence-based resources of collaborating agencies are also made available at no charge through Andrology Australia:

**Hormones and me: Klinefelter’s syndrome:**
Andrology Australia continued distributing a booklet on Klinefelter’s syndrome, a condition that affects one in 650 males and can lead to androgen deficiency, infertility, feminine physical characteristics and potential learning difficulties. The booklet was written by endocrinologist Dr Margaret Zacharin and supported by Serono Symposia International.

![Image of Klinefelter's Syndrome booklet]

**Localised prostate cancer: a guide for men and their families:**
This popular guide on localised prostate cancer was produced by the Australian Prostate Cancer collaboration.

The Localised Prostate Cancer Guide is available in hard-copy and online from Andrology Australia with more than 3,500 downloads and 10,000 hard copies distributed across Australia. Copies of the guide are also available from Cancer Councils in each state and territory and the Prostate Cancer Foundation of Australia (PCFA).

![Image of Localised Prostate Cancer guide]

**Sex after treatment: prostate cancer:**
The Cancer Council Queensland produced the booklet ‘Sex after Treatment – prostate cancer’ and is available from Andrology Australia. The booklet was downloaded from the Andrology Australia website over 2,000 times in 2009.

![Image of Sex after Treatment: prostate cancer booklet]

**New booklets available from the Andrology Australia website in 2010:**
In an effort not to duplicate quality information already available on men’s health, Andrology Australia made two new booklets available to download from the Andrology Australia website.

The first booklet ‘Maintaining your well-being: Information on depression and anxiety for men with prostate cancer and their partners’ was developed by beyondblue: the national depression initiative in partnership with the Prostate Cancer Foundation of Australia (PCFA).

![Image of Maintaining your well-being booklet]

The second booklet ‘Boys and Puberty: almost everything boys will ever need to know about body changes and other stuff!’ was produced by the Government of Western Australia, Department of Health.

![Image of Boys and Puberty booklet]
KNOWLEDGE SHARING FOR THE IMPROVEMENT OF MEN’S HEALTH

PRESENTATIONS & PUBLICATIONS

To share knowledge with the academic community and to further promote Andrology Australia in the wider domain, important research is published and results presented at professional conferences. By sharing such knowledge, new research collaborations can be identified to further develop the evidence-base and improve the status of men’s health in Australia.
INVITED SPEAKER:

International:


McLachlan RI. Male infertility - update on diagnosis and management. 5th Asia Pacific Fertility Expert Meeting. Ho Chi Min City, China: May, 2009


National:


CONFERENCE PRESENTATIONS:

National:


PUBLICATIONS:

2009

Kirby CN, Piterman L. The impact of clinical audit and guidelines on GP management of erectile dysfunction. Australian Family Physician 2009; 38: 637-641


2008


2007

Allan CA, McLachlan RI. Options for managing androgen deficiency in Men. Medicine Today 2007; 8: 69–70


2006


2005


2004


2003
Adams M, de Kretser DM, Holden CA. Male sexual and reproductive health among the Aboriginal and Torres Strait Islander population. Rural and Remote Health 3 (Electronic Journal) 2003; 153


Ilic D, Bessell T, Silagy C, Green S. Specialised medical search engines are no better than general search-engines in sourcing consumer information about androgen deficiency. Human Reproduction 2003; 18: 557–561


Andrology Australia operates a unique collaborative program on men’s health drawing on the expertise of leading health and education experts from across the country. Described as a ‘centre without walls’, the structure capitalises on opportunities for collaboration, to create maximum output from a limited pool of resources.
**ORGANISATIONAL STRUCTURE**

**ADVISORY BOARD**

An advisory board of key business, medical and community leaders guide the Director, CEO and Management Group in their role to administer and monitor the Commonwealth grant funding and any additional financial support to ensure all objectives of Andrology Australia are achieved.

In 2009, Andrology Australia bid a sad farewell to Professor Doreen Rosenthal AO who resigned from her role on the Advisory Board after nine years of involvement.

**Mr Mark Rayner (Chairman, Victoria)**
Mark is an experienced businessman, appointed by the Minister for Health to act as Chairman of Andrology Australia. He is a former Director and Chairman of a number of major publicly listed companies.

**A/Professor Mark Frydenberg (Victoria)**
Mark is Head of Urology at Monash Medical Centre and Associate Professor in Monash University’s Department of Surgery. Mark is one of Australia’s most respected authorities in urological oncology. He is also the chairman of the Urologic Oncology Special Advisory Group of the Urological Society of Australia and New Zealand.

**Professor RA “Frank” Gardiner (Queensland)**
Frank is an academic urologist based at the University of Queensland Centre for Clinical Research at Royal Brisbane and Women’s Hospital and has adjunct titles at the Queensland Institute of Medical Research and Queensland University of Technology. He is a consultant urologist at Royal Brisbane & Women’s Hospital with extensive clinical and research experience of 30 years. Frank is on the editorial board of several international medical journals and is Chairman of the medical and scientific committee of The Cancer Council Queensland.

**Professor David Handelsman (New South Wales)**
David is Foundation Director of the ANZAC Research Institute and Department of Andrology at Concord Hospital and the University of Sydney. David is Australia’s first Professor of Andrology and has long had interest in all aspects of male reproductive health, medicine and biology.

**A/Professor Noel Hayman (Queensland)**
Noel is an Australian Aboriginal General Practitioner and public health physician with a dedicated interest in Indigenous health. He was one of the first Aboriginal men to complete a degree in medicine at University of Queensland, at which he is now an Associate Professor with the School of Medicine.
A/Professor Doug Lording (Victoria)
Doug is an Endocrinologist and Andrologist in private practice at Cabrini Hospital, Melbourne. Doug has a 30 year interest in sexual medicine and testosterone use in men, and is a national expert in erectile dysfunction. Doug has extensive clinical trial experience, has held many hospital administrative positions and is an Honorary Clinical Associate Professor of medicine at Monash University.

Mr Michael Schildberger (Victoria)
Michael is the Executive Chairman of the media production company Business Essentials Pty Ltd. Michael is a well known business and media personality and with a past history of prostate cancer, he also represents the consumer.

Mr Geoff Walsh AO (Victoria)
Geoff is Director of Public Affairs at BHP Billiton after a career spanning politics, government and the media. He was National Secretary of the Australian Labor Party (2000-2003) and a senior adviser to Australian Prime Ministers Bob Hawke and Paul Keating, and to Victorian Premiers Steve Bracks and John Brumby. Geoff has also served as Australian Consul-General in Hong Kong (1995-1998) and as head of the Department of Foreign Affairs and Trade’s Public Affairs Division.

Professor Wayne Tilley (South Australia)
Wayne is the inaugural Chair of the Dame Roma Mitchell Cancer Research Laboratories, Hanson Institute and University of Adelaide. Wayne has an international reputation in the fields of androgen action and prostate cancer.

Professor Doreen Rosenthal AO FASSA (Victoria)
Doreen is Honorary Professorial Fellow in the Melbourne School of Population Health at The University of Melbourne. A developmental psychologist, Doreen is a respected international expert in the field of adolescent sexuality and sexual and reproductive health. Professor Doreen Rosenthal retired from the Board in November, after nine years involvement with the program.

A/Professor Alan Wright (Western Australia)
Alan is a general practitioner with extensive experience in men’s health management. With a significant interest in GP education in the area of men’s health, Alan has worked in general practice in Western Australia since 1983. He is currently Chair of the Communication and Clinical Practice Domain at the School of Medicine at the University of Notre Dame Australia.
To assist in the management of the program, Andrology Australia draws on contributions by and direction from the Management Group which consists of Australia’s leading experts in the areas of male reproductive medicine, general practice and public health.

**PATRON**

**Professor David de Kretser AC**
The Governor of Victoria and Patron of Andrology Australia, David was instrumental in establishing Andrology Australia, serving as inaugural Director from 1999 to 2006. David has made significant contributions in reproductive medicine, to the development of the biotechnology industry, and to bioethics. David is one of the chosen health ambassadors for the Australian Government’s development of a national men’s health policy.

**DIRECTOR**

**Professor Robert McLachlan**
PhD, MBBS, FRACP
Professor Rob McLachlan is a Principal Research Fellow of the NH&MRC at Prince Henry’s Institute and is Deputy Director of Endocrinology at the Monash Medical Centre. He specialises in the area of male reproductive medicine and has made significant contributions to research in endocrinology, infertility and andrology. He combines his academic career with active clinical practice as a consultant in these fields. Rob is also Secretary of the International Society of Andrology and a consultant to the World Health Organisation (WHO) on male infertility regulation.

**CEO**

**Dr Carol Holden**
PhD, Grad Cert BA, Grad Cert (Health informatics)
Carol joined Andrology Australia at its inception in 1999 and ensures the centre maintains effective administrative and financial management and oversees the outputs of specific project activities.

Carol has received a number of awards for her innovative work in men’s health, including the Monash Faculty of Medicine Dean’s Award for Excellence, which recognises contributions that exceed the normal requirements of the position. Published internationally, Carol has more than 15 years experience in male reproductive health education and research. She is currently completing a Masters of Public Health with a major in health policy.
Professor Marian Pitts
BA (Hons) Wales, PhD Wales, AFBPS, MAPS
Professor Marian Pitts is a Psychologist and is current Director of the Australian Research Centre in Sex, Health and Society, La Trobe University. Marian has international experience in research and teaching. She has made a major contribution to the development of health psychology both in the UK and internationally. Marian has provided advice and expertise to Australian State and Federal Ministerial committees related to sexual health and STIs, and has been involved in a large number of advisory committees. In 2008, Marian was appointed Chair of Social, Behavioural and Economic Sciences within the Australian Research Council College of Experts.

Professor Sally Green
PhD, B App Sci (Physiotherapy), Grad Dip (Musculoskeletal Physiotherapy)
Sally Green is Co-Director of the Australasian Cochrane Centre and a Professorial Fellow in the Faculty of Medicine, Nursing and Health Sciences at Monash University. She holds a PhD in Epidemiology and Preventive Medicine from Monash University in addition to her clinical qualifications in Physiotherapy. Sally is an active Cochrane reviewer and is Co-editor of the Cochrane Handbook of Systematic Reviews of Intervention. She has several competitively funded research projects which aim to improve health outcomes by investigating the most effective and efficient pathway of knowledge from research result to sustained change in clinical practice and policy. Professor Green is the epidemiology expert on the National Medicines Policy Committee at the Department of Health and Ageing in Canberra.

A/Professor Doug Lording
B Med Sci, MBBS, FRACP
A/Professor Doug Lording is an Endocrinologist and Andrologist in private practice at Cabrini Hospital, Melbourne. Doug has a 30 year interest in sexual medicine and testosterone use in men, and is a national expert in erectile dysfunction. Doug has extensive clinical trial experience, has held many hospital administrative positions and is an Honorary Clinical Associate Professor of medicine at Monash University.

Mr Peter Royce
MBBS, FRACS (Urol), FACS
Mr Peter Royce has been in Urology practice for 20 years and is Director of Urology, Alfred Health, Senior Consultant Urologic Surgeon at The Alfred and Cabrini hospitals in Melbourne and Honorary Senior Lecturer, Department of Surgery, Monash University. He was awarded Fellow American College Surgeons 1993 and was co-founder of the Melbourne Prostate Institute/Brachytherapy Prostate Cancer Clinic at The Alfred, Melbourne. Peter has extensive experience with radical prostatectomy, prostate brachytherapy and high intensity focused ultrasound for the treatment of localised prostate cancer.

Professor Gail Risbridger
PhD, BSc (Hons)
Gail is Associate Dean, Research Centres & Institutes and Director of the Centre for Urology Research (CURE) at Monash University. Gail and her team aim to better understand prostate disease, leading to improved diagnosis and treatment of both benign and malignant prostate disease. Gail is a Fulbright Senior Scholar, recipient of the British Endocrine Society Oceania Award and Honorary Life Member of The Endocrine Society of Australia given in recognition of her significant contribution to endocrinology.
AFFILIATES AND REVIEWERS

Andrology Australia would like to acknowledge and thank all Affiliates for their contributions to the program acting as educational facilitators at professional workshops, speaking at community events, reviewing drafted education material and/or acting as general advisors on relevant topics of men’s health information:

- Dr Sanjiv Bandi, Andrology ASG-USANZ, Queensland
- Mr Spence Broughton, Consumer representative, Queensland
- A/Professor Suzanne Chambers, Cancer Council Queensland, Queensland
- Dr Kim Chew, Keogh Institute for Medical Research, WA
- Professor Judith Clements, Institute of Health & Biomedical Innovation, Queensland
- Professor Peter Ebeling, University of Melbourne, Victoria
- Dr Michael Gillman, Shore Street West Medical Centre, Queensland
- Dr Raie Goodwach, Malvern Psychotherapy Centre, Victoria
- Gordon Gregory, National Rural Health Alliance, ACT
- Dr Dragan Ilic, Monash Institute of Health Services Research, Victoria
- Dr Veena Jayadev, ANZAC Research Institute, NSW
- Dr Anne Jequier, Joondalup IVF, WA
- A/Professor Peter Liu, ANZAC Research Institute, NSW
- Dr Michael Lowy, Sydney Centre for Men’s Health, NSW
- Dr Tony Morrow, Consultant Endocrinologist, NSW
- Dr Carole Pinnock, Repatriation General Hospital, SA
- Professor Leon Piterman, Monash University, Victoria
- Mr James Smith, Department of Health and Families, NT
- Dr Peter Sutherland, South Terrace Urology Day Surgery, SA
- A/Professor Guy Toner, Peter MacCallum Cancer Institute, Victoria

EXPERT PANEL OF ADVISORS

ACKNOWLEDGING PROGRAM ADVISORS

WORKING GROUPS

Working groups are established to design, develop and initiate a program of activity consistent with Andrology Australia objectives. Individuals from across Australia with expertise in the specific project area, including Andrology Australia representatives, identify and explore potential opportunities and funding sources that may support these initiatives. The working groups guide development of the relevant project and provide valuable expertise and insight into men’s health and associated conditions.

Andrology Australia would like to acknowledge the support and involvement of all working group members as listed with the relevant projects throughout this report.
GETTING THE JOB DONE

ADMINISTRATION

Andrology Australia is administered by the Monash Institute of Medical Research (MIMR) based at Monash University, Victoria. MIMR was chosen by the Federal Government due to its international reputation and expertise in the area of male reproductive health. Monash University is the legal entity for Andrology Australia.

A core team of administrative staff supports the Director, CEO and Management Group to ensure smooth running of the program on a day-to-day basis.

Dr Carolyn Allan
Carolyn is the medical advisor and assists with the development of consumer and professional information for the program.

Dr Megan Cock
Megan is the Project Officer and coordinates the working groups and their research projects, and professional education activities.

Mr Khodad Khodadi
Khodad is the Logistics Assistant and ensures resource orders are appropriately dispatched.

Mr Will Bond
Will is the Public Relations and Online Communications Officer and is responsible for the online communication activities of the Centre.

Dr Veronica Collins
Veronica is the Scientific Writer for the Andrology Australia Program ensuring distribution and publication of key evidence and information in men’s health.

Mrs Elizabeth Rowell
Elizabeth is the Executive Assistant and provides executive support to the Director, CEO and Management Group.

Mrs Sarah Camille
Sarah is the Public Relations and Communications Officer and is responsible for the program’s publications and media liaison.

Ms Taletha Groves
Taletha is the Education Officer and focuses on building relationships and coordinating projects with community and health professional organisations.

Mr Luke Swain
Luke is the Administrative Assistant and provides administrative support to the program.
STRATEGIC PARTNERSHIPS
COLLABORATIONS

Formalised arrangements between Andrology Australia and other organisations in the spirit of collaboration help to achieve common goals in male reproductive health research and education, to improve knowledge sharing and build capacity for the improvement of men’s health in Australia.

Australian Practice Nurses Association
The Australian Practice Nurses Association (APNA) is the peak professional body for practice nurses working in general practice. Andrology Australia formed a partnership with the Australian Practice Nurses Association to develop men’s health education specific to the needs of practice nurses. The collaboration reflects the growing role Practice Nurses play in general practice.

beyondblue: the national depression initiative
beyondblue is a national, independent, not-for-profit organisation working to address issues associated with depression, anxiety and related substance misuse disorders in Australia. beyondblue and Andrology Australia have formed a partnership to capitalise on opportunities for cooperative research initiatives and the co-development of resources. The partnership allows for the development and cross promotion of joint education resources and support tools for community and health professional education.

Australian Prostate Cancer Collaboration (APCC)
The Australian Prostate Cancer Collaboration aims to reduce mortality and morbidity, to improve the quality of life of men with prostate cancer and to develop strategies for the prevention of prostate cancer. Although the APCC secretariat ceased operations in 2009, Andrology Australia continues to support the APCC Education Committee’s prostate cancer education activities through dissemination of prostate cancer publications across Australia.

Kinect Australia
Kinect Australia is a not-for-profit association that strives to enhance individual health and well-being, build stronger communities and create more liveable and sustainable environments through the promotion of active and healthy living.

A collaborative 18 month pilot project between Kinect Australia and Andrology Australia aimed to promote physical activity in men by raising awareness of general and reproductive health through communication of relevant health messages within a workplace environment. Completed in 2009, the results from the pilot will assist in the development of future health intervention activities.

Family Planning NSW
An independent, not-for-profit organisation, Family Planning NSW – The Warehouse has been providing reproductive and sexual health services in New South Wales for 80 years. Family Planning NSW and Andrology Australia have partnered to promote the services and resources of both organisations, and to develop further resources to promote reproductive and sexual health to young men.
Mibbinbah Limited

‘Mibbinbah’ (men’s place) is a Cooperative Research Centre for Aboriginal Health (CRCAH) endorsed and funded research project, committed to improving the health of Aboriginal and Torres Strait Islander males by providing safe spaces, education and support. It seeks to empower individuals to regain their rightful place in society. Through partnership with research bodies, Mibbinbah explores the extent of the impact a safe men’s space can have on a man’s health and well-being.

Andrology Australia is providing infrastructure support to Mibbinbah for a part-time secretariat role to co-ordinate the National Aboriginal and Torres Strait Islander Male Researcher Network.

The NSW Multicultural Health Communication Service

The NSW Multicultural Health Communication Service was established in 1997 to develop a co-ordinated state-wide approach to provide information about health issues and health services to people who speak languages other than English.

Andrology Australia’s partnership with the NSW Multicultural Health Communication Service aims to raise awareness of men’s health in culturally and linguistically diverse (CALD) communities by better understanding the health information and education needs of health professionals working in men’s health in CALD communities.
EFFECTIVE ADMINISTRATION AND FINANCIAL MANAGEMENT

FINANCES

Funding is allocated to infrastructure and administrative expenses, community and professional education programs, and to the support of research.

<table>
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<th>Funding Source</th>
<th>Amount</th>
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<td>Funding from Federal Department of Health &amp; Ageing (DHA)</td>
<td>$1,234,200</td>
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<td>Other revenue</td>
<td>$84,092</td>
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<td><strong>Total revenue</strong></td>
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Support platform 45%

Programs in accordance with Business Plan:
- Education programs (community and professional) 24%
- Research and knowledge scoping 9%
- Collaboration and organisational support 22%

THANK YOU

DONOR AND BEQUEST ACKNOWLEDGEMENT

Andrology Australia would like to extend our sincerest gratitude to those individuals and organisations that have given a donation and provided gifts in memoriam over the past year. Such gifts of generosity are valued as they help us to continue to enhance men’s health and well-being by addressing a range of men’s health issues through educational programs and research.