It’s not just older men who have health concerns - disease does not discriminate by age.

Every generation is susceptible to gender specific conditions that can impact on general and reproductive health, but can also limit their quality of life and well-being.

Andrology Australia is committed to improving men’s health across the lifespan. Research and development is crucial to understanding and addressing male specific health concerns. Through increased education and awareness, men both young and old will be able to identify issues, seek effective treatments and look after one another for years to come...
This year has seen exciting developments for men’s health at a national level. Driving an immense and positive change is the Australian Government’s proposal for a National Men’s Health Policy. The Government is currently engaging in a consultation process to ensure that the policy meets the needs of all Australian men.

Development of a national policy is timely with the increasing momentum of men’s health awareness in Australia. Given the growing level of community and professional interest in men’s health and the increasing number of men’s health advocates from a wide range of backgrounds, Australia now has the necessary critical mass to champion change in this area.

Andrology Australia is very supportive of this change, and is taking an active role in contributing to the development of the policy. We are also proud that the Governor of Victoria, Patron and inaugural Director of Andrology Australia, Professor David de Kretser AC, has been chosen as one of the Government’s men’s health ambassadors.

One of the key ways in which policy can be informed is through the results of research. A number of longitudinal studies have been conducted in Australia to date, and each has contributed greatly to our knowledge of different diseases in specific populations. A Men’s Health Australia Longitudinal Study would not only provide invaluable knowledge and understanding of men’s health, but would inform public policy in relation to health services utilisation, health behaviours and health outcomes.

Andrology Australia held a Men’s Health Australia Longitudinal Study stakeholder forum in 2008 to seek collaborative partners and support for a national study in men’s health. The forum was a great success, with key health groups expressing their commitment to develop a proposal for the study.

Andrology Australia will continue to develop relationships with important health representatives and identify areas of need in men’s health. It is critical that such a long-term study be properly informed and addresses key gaps in understanding the associations between the biomedical, genetic and social determinants of men’s health.

I would like to thank the Board, management group, Director, CEO and staff of Andrology Australia for their support and determination to improve men’s health. I thank our Patron Governor Professor David de Kretser AC and Ambassador Merv Hughes for their continued commitment to raising awareness of men’s health and the Andrology Australia program. Particular thanks should go to the Affiliates and Advisors of Andrology Australia for their expertise and contribution to developing the quality and evidence-based information for which we are renowned.

Finally, I especially thank the Australian Government Department of Health and Ageing for its continued support for the program, which allows us to carry out vital work in men’s health in Australia.

Mark Rayner
Chairman
Andrology Australia (The Australian Centre of Excellence in Male Reproductive Health) will undertake those measures that will enhance men's health and well-being by addressing disorders of the male reproductive system and associated conditions. It will do so through programs of community and professional education and support of research.

Andrology Australia is funded by a grant from the Australian Government Department of Health and Ageing. This ‘centre without walls’ operates nationally and brings together expertise from across Australia to undertake collaborative programs to raise the awareness of disorders of the male reproductive system and associated conditions.

**GOALS:**
- To educate the community in male reproductive health and associated conditions
- To educate health professionals in male reproductive health and associated conditions
- To draw together research and best practice expertise
- To support national research infrastructure programs
- To maximise the use of financial resources by developing collaborative programs

**PRIORITY AREAS:**
- Prostate disease including prostate cancer
- Testicular cancer
- Male infertility
- Use and abuse of androgens
- Sexual dysfunction including erectile dysfunction

**VALUES:**
- Teamwork
- Improvement and learning
- Embracing change and flexibility
- Communication
- Accountability
- Being passionate about our products and services
- Integrity and professionalism
The past year has been one of expansion and consolidation. Andrology Australia has spent this interim funding year planning for next year’s activities and consolidating research that could be used in the development of Australia’s first Men’s Health Policy.

A Men’s Health Australia Longitudinal Study stakeholder forum was held this year to bring together individuals and health organisations to identify key issues in men’s health, to identify gaps in understanding, and address the challenges in moving forward.

Further Men’s Health Education Kits were produced this year to cater for growing numbers of individuals and communities wishing to hold men’s events. The kit was promoted in relation to the development of a Men’s Health Policy by the Australian Government so the demand for the kit is expected to grow.

Community awareness of Andrology Australia and men’s health continued to increase with Ambassador Merv Hughes promoting men’s health in regional and rural areas. International Men’s Health Week included Merv’s message to men to ‘show it to your doctor’ for any specific medical concerns or for a general health checkup. Over 700 organisations received support and information, an additional 100 organisations compared to 2007. A further promotional activity was undertaken with an additional 50,000 leaflets distributed in the Australian Football League (AFL) ‘Footy Record’.

Aboriginal health remained a key focus this year, with continuing works for the development of an indigenous health education module.

A study into the role of physical exercise in the workplace commenced with two Government councils piloting the program which includes the provision of a health information website on which staff can track their physical activity.

Several new resources were developed including a corporate brochure outlining Andrology Australia’s role and resources available, and a fertility booklet on ‘Your sperm and how to look after them’. The fertility booklet has created much interest with many orders of the booklet, and coverage in the media. Four new fact sheets were produced on ‘Male pattern hair loss’, ‘Gynaecomastia’, ‘Osteoporosis’, and ‘Diabetes & Reproductive Health’.

Andrology Australia was endorsed by the Royal Australian College of General Practitioners (RACGP) as an endorsed provider of education. Information developed by Andrology Australia was provided to the RACGP to be used to develop a check program on men’s health.

In addition to working with existing health professionals, Andrology Australia believes it is important to educate the next generation of medical professionals. A Medical Curriculum Working Group has been developed to investigate and provide recommendation on Australian medical curriculum for men’s health.

Work with health professionals continued with provision of the e-newsletter, surveys, a web health seminar, presentations and seminars on men’s health and ongoing liaison. In addition to working closely with the Divisions of Practice and Individual General Practitioners, Andrology Australia extended communications with Practice Nurses surveying their interest in men’s health and planning education for the coming year.

Thank you to Carol Holden and the administrative team for their dedication to the advancement of men’s health through the provision of evidence-based community and professional education and the support of research. Thank you to the Board and Management Group for their fundamental role of providing guidance in the ongoing development of the program.

I would like to thank the Australian Government, the Department of Health and Ageing, and Minister Nicola Roxon for their commitment to men’s health in Australia. The continued support of the Andrology Australia program allows for the provision of much needed resources to the consumer and health professional.

Andrology Australia looks forward to playing an avid role in the development of the first ever Australian Men’s Health Policy. The invitation for health organisations and men across Australia to provide input into the policy development will ensure an informed and comprehensive policy that accounts for all Australian men – in the cities, in the country, across their life span.

Professor Robert McLachlan
Director

A HEALTH POLICY FOR ALL AUSTRALIAN MEN: DIRECTOR’S REPORT
ENGAGING MEN IN GENERAL PRACTICE:
A video conference GP workshop on engaging men in general practice was held and subsequently made available to download from the Andrology Australia website.

ONLINE ACTIVE LEARNING MODULES:
Online Active Learning Modules (ALMs) continued to be made available on the Andrology Australia website with almost 400 GPs completing either the Young Men’s Health or Prostate Cancer Risk Management ALM.

E-NEWSLETTER:
A monthly e-newsletter was developed for stakeholders, affiliates and members of the public to keep them informed of Andrology Australia’s activities.

CLINICAL GUIDELINES ON ADVANCED PROSTATE CANCER:
Support continued for the development of clinical guidelines on the management of advanced prostate cancer being developed by the Cancer Council NSW.

ANDROLOGY AUSTRALIA ORCHIDOMETER:
Almost 600 Andrology Australia orchidometers were distributed to specialists and General Practitioners across Australia.

EDUCATION SEMINARS:
Almost 30 presentations and workshops on male reproductive health presented by Andrology Australia associates were attended by GPs and other health professionals.

MEDICAL CURRICULUM DEVELOPMENT:
A Medical Curriculum Working Group was established to develop a framework for men’s health education in undergraduate medical curricula.

ANDROLOGY AUSTRALIA FELLOWSHIPS:
A second Andrology Australia fellowship for endocrine registrars commenced, with both trainees undertaking further postgraduate clinical education and research in various aspects of Andrology.

SPECIALIST WORKSHOP:
A workshop on vasectomy and vasectomy reversal was supported by Andrology Australia as part of The Urological Society of Australia and New Zealand 61st annual scientific meeting.

A MEDICAL CURRICULUM WORKING GROUP WAS ESTABLISHED TO DEVELOP A FRAMEWORK FOR MEN’S HEALTH EDUCATION IN UNDERGRADUATE MEDICAL CURRICULA.

A SURVEY OF AUSTRALIAN PRACTICE NURSES ASSOCIATION (APNA) MEMBERS WAS UNDERTAKEN TO ESTABLISH PRACTICE NURSE EDUCATION NEEDS IN MEN’S HEALTH.

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The current Government has made a commitment to the development of a National Men’s Health Policy. The policy will be developed around four foundation principles including gender equity, a focus on prevention, a strong and emerging evidence base, and an action plan to address need across the life span. Such a policy commitment will help ensure that appropriate initiatives are implemented and resources are allocated to ensure better health outcomes for men across the life span.

Andrology Australia has spent the last six years conducting research into men’s health issues that could inform the development of the policy. In 2005, Andrology Australia conducted the ‘Men in Australia Telephone Survey’ (MATeS) to provide a unique ‘snapshot’ of the health and well-being of the middle-aged and older Australian male. The study found that one in three men over the age of 40 have a reproductive health problem, and that seeking advice or treatment for different reproductive health disorders is associated with different socio-demographic factors. The research highlights the high prevalence and levels of concern and need for improved health support for men. The MATeS study also highlighted the need for an Australian longitudinal study on men’s health to better understand the association between behavioural, genetic, social and biomedical factors that contribute to poorer men’s health outcomes compared to women.

During International Men’s Health Week in 2008, Andrology Australia in conjunction with the Governor of Victoria, Professor David de Kretser AC, hosted a Men’s Health Australia Longitudinal Study stakeholder forum to identify key issues in men’s health and to push forward the development of a national men’s health study. The forum brought together more than 100 people representing government agencies, peak bodies, and chronic disease and population groups.

The Hon. Bill Shorten MP, Parliamentary Secretary for Disabilities and Children’s Services attended the forum on behalf of Federal Minister for Health Nicola Roxon. In support of the need for a national men’s health policy, the Hon. Bill Shorten MP told attenders, “The time is right to move forward in men’s health”.

At the forum a series of presentations were given by some of Australia’s leading health experts from the National Heart Foundation, Diabetes Australia, The Cancer Council Australia, beyondblue, the Australian Drug Foundation, and Osteoporosis Australia. Representatives of important population groups including the National Rural Health Alliance, National Aboriginal Community Controlled Health Organisations, and NSW Multicultural Health Communication Service also gave presentations in support of the study.

Key recommendations from the forum included focusing and collaborative efforts to enhance the opportunity for research, and maximizing the ability to use the research to inform health policy in the future.

Andrology Australia continues to scope opportunities for the advancement of men’s health and liaise with other health organizations to build on the overwhelming support evident at the forum for a national men’s health longitudinal study.

THE MATES STUDY MOVES FORWARD:
MEN’S HEALTH ACROSS THE LIFESPAN
Aboriginal and Torres Strait Islander Male Researcher gathering:
The first National Aboriginal and Torres Strait Islander Male Researcher gathering was held in 2008 with support from Andrology Australia, the Office for Aboriginal and Torres Strait Islander Health and the Cooperative Research Centre for Aboriginal Health. The aim of the meeting was to improve the well-being of Indigenous communities throughout Australia by developing a more coordinated approach into Aboriginal and Torres Strait Islander male health research.

Over 30 delegates attended including representatives from Australian research institutions, peak Indigenous bodies, Non-Government Organisations, social service providers, Government departments and Aboriginal Community Controlled Health Services.

A number of male health research priority areas were established. Furthermore, there was a strong sense that a coordinated research and capacity development approach, defined and led by Indigenous men themselves, offered immense opportunities to enhance the well-being of Indigenous communities more broadly.

Male health education module:
To better equip Aboriginal Health Workers with the skills and knowledge to effectively engage men in their local communities to seek medical assistance, Andrology Australia is developing a men’s health education module specifically for male Aboriginal Health Workers. Educating male Aboriginal Health Workers is imperative to ensure a skilled workforce and communication of relevant men’s health messages. By providing Aboriginal Health Workers, GPs, and nurses with the appropriate information to talk to Indigenous males about a broad range of men’s health issues, including reproductive health, it is hoped that Indigenous men will more readily speak to health professionals about a range of health concerns.

The first draft of the Aboriginal Health Worker module has been developed in collaboration with the Indigenous Health Unit, School of Rural Health, Monash University, Andrology Australia associates and members of the Andrology Australia Aboriginal and Torres Strait Islander male health working group. The content includes information on a range of male health issues and is reflective of cultural and social issues relevant to Aboriginal and Torres Strait Islander communities.

Aboriginal and Torres Strait Islander Male Health working group:
To further understand the impact of male reproductive health disorders on indigenous communities, and to ensure all Indigenous projects undertaken by Andrology Australia are culturally sensitive and delivered appropriately, an Aboriginal and Torres Strait Islander Male Health working group has been established.

Dr Mark Wenitong (Chair)
Indigenous doctor, Qld

Dr Mick Adams
National Aboriginal Community Controlled Health Organisation, ACT

Mr Jason Bonson
Department of Health and Community Services, NT

Mr Anthony Castro
Department of Health and Community Services, NT

Dr Noel Hayman
Indigenous doctor, Qld

Mr Des McKenzie
Aboriginal male health worker, NT

Dr Carol Holden (Project Manager)
Andrology Australia, Vic

The Aboriginal Health Worker module is being developed with financial support from a grant from the Rio Tinto Aboriginal Fund.
Andrology Australia continued to raise community awareness of a range of male health issues in 2008, through community events, media coverage and the provision of resources. These activities had a common theme of encouraging men and boys of all ages to talk to their GP for any health concerns.
Ambassador activity:
Andrology Australia's Ambassador, Merv Hughes continued to travel Australia in 2008 and promote awareness of men's health and Andrology Australia to the community.

Merv spent two days in Mudgee, NSW where he joined the winner of the local newspaper's men's health competition for a workplace lunch, spoke to 300 men at the Ulan Coal Mine, spoke at a men's health fundraising dinner and played a round of golf for the 'prostate team' to raise awareness of men's health.

Merv joined Andrology Australia Director Professor Rob McLachlan at the 'Men's Wellbeing Matters' breakfast in Dromana, Victoria. Merv spoke to the attending 140 men and encouraged the men to visit their doctor about any health concerns and maintain a healthy lifestyle with regular exercise and a balanced diet.

In July, Merv went to Myrtleford in Victoria and spoke to almost 300 students from three of the local colleges in the area. Over 200 men ranging from 19 to 75 years of age filled the local pavilion in Myrtleford for an evening seminar, with the majority of men going through a health check 'Pit Stop' program as they arrived.

An evening men's health event in Mackay, Queensland attracted almost 120 men. The funds raised from the night were kindly donated to Andrology Australia by the local prostate cancer support group.

Merv joined 'Crackers' Keenan to speak at a men's health event in Rutherglen, Victoria to around 150 men, and a 'Pit Stop' health check was available to those attending.

The Cooloola Men's Health Network in Queensland hosted Merv at their public expo for men to promote their health management in Gympie in September. The event attracted over 500 Gympie and district residents, with stalls from a number of health centres and a 'Pit Stop' health check on offer.

Merv also spoke at a men's health seminar in Ferntree Gully, Victoria and to staff at Australia Post in Melbourne.

Last stop for Merv in 2008 was a round of golf with the winner of the 2008 International Men's Health Competition. Kindly donated by the Woodlands Golf Course, Merv shared some of his tips on golfing and on living a healthy lifestyle.

Andrology Australia sincerely thanks Merv for his ongoing support and promotion of men's health.

Men's Health Education Kit:
Andrology Australia developed and produced a Men's Health Education Kit in 2007 to assist individuals and organisations to hold community seminars and raise awareness of men's health issues. The resource kit ensures that people running men's health events anywhere in Australia are able to provide the same important health messages to men of all ages. Due to the popularity of the kit and additional funding support, an additional 500 kits were produced in 2008.

The kit is a comprehensive resource providing everything an individual or group would need to run a men's health education event effectively. The kit includes a promotional poster and flyer, education kit manual, interactive speaker presentations on both younger and older men's health issues, comprehensive speaker notes, a GP men's health checklist and a CD-ROM of supporting documentation including templates of a media release, evaluation form, follow-up article and presentation notes.

The kit has also been promoted as a community resource in relation to the consultation process for the development of a National Men's Health Policy by the Australian Government.

An online evaluation of the kit found that its most successful element is how simple, concise and relevant the information is. Every person who used the kit said they will use it again and recommend it to other organisations to use. The outcomes of the evaluation will guide future developments of the kit.

The kit was developed in collaboration with a number of community health organisations that have an interest and experience in men's health. Financial support was provided by the Rural Health Branch of the Australian Government Department of Health and Ageing.

International Men's Health Week,
9th - 15th June 2008:
Each year, International Men's Health Week (IMHW) is held in mid June to raise awareness about men's health and to encourage men to maintain a healthy lifestyle. Andrology Australia supported more than 700 organisations holding events or displays with 10,000 posters and 100,000 IMHW awareness leaflets distributed in 2008. The information and the design of the IMHW leaflet were evaluated, with respondents indicating that the information on the leaflet was easy to read and helpful. The number of hits on the Andrology Australia website increased by 10 per cent during the month of IMHW. Many organisations indicated that their event had been similar or better than 2007, and the majority of organisations would hold an event in 2009.
COMMUNITY RESOURCES

Throughout 2008, Andrology Australia continued to develop and provide best practice and evidence-based health information for male health issues across the lifespan. An increasing number of resources are being made available online and in hard copy to improve accessibility and awareness of male reproductive health and associated conditions.

All Andrology Australia community and health professional resources are available at no cost, and can be downloaded or ordered online at www.andrologyaustralia.org, or ordered via phone on 1300 103 878.

New resources:

Fertility booklet – ‘Your sperm and how to look after them’
A new men’s fertility booklet ‘Your sperm and how to look after them’ was launched in 2008. The booklet provides a summary of conditions, behaviours and situations that can affect male fertility and outlines the measures men can take to preserve their fertility potential. More than 5000 booklets were distributed within its first three months of availability.

The fertility booklet was developed by Andrology Australia in conjunction with the Fertility Society of Australia and ACCESS Australia.

MEN’S HEALTH RESOURCES:

Fact sheets
Twenty-two fact sheets are now available to download online and more than 72,000 were downloaded from the Andrology Australia website in 2008.

Consumer guides
Almost 160,000 of all five consumer guides on male reproductive health have been distributed to date.

Newsletter: The Healthy Male
More than 11,000 copies of the Andrology Australia newsletter were distributed every quarter.

OTHER RESOURCES:

To avoid duplication of resources, the evidence-based resources of collaborating agencies are also available at no charge through Andrology Australia:

Hormones and me: Klinefelter’s syndrome
Andrology Australia continued distributing a booklet on Klinefelter’s syndrome, a condition that affects one in 650 males and can lead to androgen deficiency, infertility, feminine physical characteristics and potential learning difficulties.

The booklet was written by endocrinologist Dr Margaret Zacharin and supported by Serono Symposia International.

Sex after treatment: prostate cancer
The Cancer Council Queensland produced the booklet ‘Sex after Treatment – prostate cancer’ and is available from Andrology Australia. The booklet was downloaded from the Andrology Australia website over 1000 times in 2008.

Localised prostate cancer: a guide for men and their families
This popular guide on localised prostate cancer was produced by the Australian Prostate Cancer Collaboration. Available in hard copy through the Cancer Helpline, the second edition of the Localised prostate cancer guide was downloaded from the Andrology Australia website almost 3500 times in 2008.

Website: www.andrologyaustralia.org
The website received an average of 13000 hits and 30000 visitors every month in 2008. Around 17000 patient and professional resources were downloaded from the Andrology Australia website every month in 2008.

A User’s Guide: What every man needs to know
Almost 4500 User’s guides were downloaded from the website in 2008 and almost 190000 hard copies have been distributed to date. The brochure is available in 12 different languages and can be downloaded from the Andrology Australia website. Languages include Arabic, Bosnian, Chinese, Dari, Farsi, Greek, Italian, Khmer, Korean, Serbian, Turkish and Vietnamese.

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Andrology Australia has established a solid reputation as a provider of quality and evidence-based education in male reproductive health to health professionals. Education programs cover health issues that affect both younger and older men and highlight the associations with general health and well-being. The focus to provide online learning has continued and programs were made available primarily through the Andrology Australia website at www.andrologyaustralia.org.
PROFESSIONAL EDUCATION

RACGP endorsed provider of education:
In 2008, Andrology Australia became an endorsed provider of health education through the Royal Australian College of General Practitioners (RACGP) Quality Assurance and Continuing Professional Development (QANCPD) program. Andrology Australia is now qualified to deliver Category 2 educational activities for GPs, and is in the process of becoming an accredited provider for Category 1 activities, providing further opportunity to develop a wide range of quality programs in male reproductive health.

Education through Divisions of General Practice:
In 2007, Andrology Australia surveyed the Divisions of General Practice on their past, current and future planned men’s health GP education activities and interest areas. The results were incorporated to form a collaborative strategy for Andrology Australia GP education in 2008.

A number of GP education workshops on men’s health were organised with Divisions throughout Australia in 2008. The workshops cater for the individual needs of each Division and include support from Andrology Australia in the provision of a speaker and/or resources. An additional 25 Divisions have expressed their intent to host a face-to-face workshop in 2009.

Video conference on ‘Engaging men in general practice’:
Andrology Australia developed a virtual workshop for GPs on ‘Engaging men in general practice’. The workshop was held in Melbourne during International Men’s Health Week with a live GP audience and was broadcast via video conference to GPs across Australia. The workshop was recorded and is available to download from the Andrology Australia website.

Dr Alan Hopgood [VWA] facilitated the workshop and actor Alan Hopgood participated in the role plays.

RACGP check Program:
Andrology Australia is developing content for the RACGP check Program for GP education on male reproductive health. The check Program is an RACGP home based self assessment QA/CPD activity for GPs.

Andrology Australia is working with a number of GPs and specialists to guide the development of eight case studies accompanied by questions and answers. The check Program case studies will be published in the form of a booklet and a CD-ROM, and will be distributed to all members of the RACGP in early 2009. Topics of the case studies cover health issues that affect younger and older men including Klinefelter’s syndrome, testicular cancer, male infertility, prostatitis, premature ejaculation, androgen deficiency, and prostate disease.

National GP Reference working group:
To ensure that professional education programs are relevant and appropriate to GP practice, Andrology Australia established a National GP Reference working group.

Professor Rob McLachlan (Chair)
Andrology Australia, Vic

Dr Carolyn Allan
Endocrinologist, Vic

Dr Geoff Broomhall
GP, Vic

Dr Raie Goodwach
Psychosexual Therapist, Vic

Dr Michael Lowy
GP, NSW

Dr Alan Wright
GP, WA

Dr Megan Cook (Project Manager)
Andrology Australia, Vic

Australian medical curriculum on male reproductive health:
A preliminary scoping exercise found that men’s health education is generally limited and appears to vary between medical schools across Australia. Andrology Australia is developing a flexible medical curriculum framework to ensure there is appropriate education of future health care professionals in male reproductive health.

The medical curriculum structure aims to comprehensively address men’s health needs across the lifespan. A core consortium of medical schools across Australia will ensure that the consultation process and curriculum that is developed meets the needs of future medical professionals. Project stages will include mapping the current curricula of universities and defining the framework for building the core curriculum.

Australian Medical Curriculum working group:
A working group will assist and advise in the development of core curriculum and oversee an extensive consultation process with all Australian medical schools invited to participate in the process.

The working group will provide advice on the development and design of resources, evaluate primary uptake of the curriculum, and assist in the development of strategy to ensure the curriculum package remains current and up-to-date.

Professor Rob McLachlan (Chair)
Andrology Australia, Vic

Professor Ben Cammy
Monash University, Vic

A/Professor Tessa Ho
University of Sydney, NSW

Mr Tim Smith
Australian Medical Students Association, Qld

Professor David Wilkinson (retired 2008)
University of Queensland, Qld

A/Professor Bu Yeap
University of Western Australia, WA

Dr Megan Cook (Project Manager)
Andrology Australia, Vic

Professional education events:
Andrology Australia provides experts in specific areas of men’s health to speak at seminars and workshops to GPs and other health professionals to facilitate their learning.

The following events were held in 2008 and topics included androgen deficiency, infertility, prostate issues, male examination, premature ejaculation and erectile dysfunction.

Australian Practice Nurses Association Sydney, NSW: May 2008

Australian Medical Association Brighton, Vic: May 2008


Melbourne, Vic: October 2008

Top End Division of General Practice Darwin, NT: May 2008

Victorian Medical Postgraduate Foundation Horsham, Vic: June 2008

Central West Gippsland Division of General Practice Mor, Vic: September 2008

Australian Doctor Education Melbourne, Vic: September 2008

Knox Private Hospital Melbourne, Vic: September 2008

Monash IVF Melbourne, Vic: September 2008

Brisbane, Qld: September 2008

Gold Coast, Qld: September 2008

Bankstown Division of General Practice Sydney, NSW: September 2008

Australian College of Rural & Remote Medicine (ACRRM) Sydney, NSW: October 2008

Rural Vocational Training Service Sydney, NSW: October 2008


Durham Men’s Health Conference Newcastle, NSW: November 2008

Dandenong Hospital Dandenong, Vic: November 2008

Darwin, NT: May 2008

Melbourne Sexual Health Centre Melbourne, Vic: November 2008

Conference exhibition booths:
Australian Medical Students Association Annual Meeting Melbourne, Vic: July 2008

RACGP Annual Scientific Convention combined with WONCA Melbourne, Vic: October 2008
### PROFESSIONAL RESOURCES

#### GP summary guides:
A series of ten GP summary guides on the management of male sexual and reproductive health has been developed to assist GPs in the management of their male patients. The guides are available in hard copy or to download from the Andrology Australia website. To date, over 1600 hard copy sets of GP summary guides have been distributed to GPs, and almost 3000 are downloaded from the website every month.

An additional GP summary guide is currently in development on ‘Engaging men in primary care settings’ and will be available in 2009.

#### Active Learning Modules (ALM):
Andrology Australia produced and supported a series of RACGP accredited interactive online Active Learning Modules (ALM) on male reproductive health. The ALMs assist GPs in the diagnosis and management of their younger and older male patients and are all available through the Andrology Australia website.

GPs who complete the online Young Men’s Health ALM receive a free Andrology Australia orchidometer and set of GP summary guides to help support their clinical practice in the longer term.

#### Prostate Cancer risk management ALM:
The Prostate Cancer Risk Management ALM discusses the latest evidence on testing for prostate cancer. It explores the efficacy of prostate cancer testing options and states the side effects of various prostate cancer treatments. The module consists of three case studies and provides research material on the assessment of prostate cancer risk factors.

The ALM attracts 40 category 1 RACGP QA&CPD points. Since its launch in September 2008, over 200 GPs have completed the ALM.

The ALM was developed by the Cancer Council Queensland, the Australian Prostate Cancer Collaboration and ThinkGP, with financial support from Andrology Australia.

#### Orchidometers:
The Andrology Australia orchidometer is a medical device for qualified health professionals to measure testis size in a clinical setting (licensed by Bayer Schering Pharma). Orchidometers are available at no cost to GPs registered in Australia upon completion of the online Young Men’s Active Learning Module.

Alternatively, orchidometers can be purchased online at www.andrologyaustralia.org.

### PROFESSIONAL EDUCATION

#### Practice nurse education:
To improve understanding of men’s health issues amongst practice nurses, Andrology Australia has established a collaborative partnership with the Australian Practice Nurses Association (APNA). Links have been established on the APNA website to view and order Andrology Australia resources. Andrology Australia also sourced speakers for Practice Nurse Clinical Education (PNCE) on male reproductive health for events in Melbourne, Brisbane and Sydney.

A survey was distributed to all members of the APNA in 2008 to help guide and direct the future development of male reproductive health tailored to practice nurses. Andrology Australia will continue to work collaboratively with APNA to develop education and resources for practice nurses in 2009.

#### Andrology fellowships:
Andrology Australia is supporting two endocrine trainees to undertake comprehensive training in male reproductive health. Both trainees are undertaking a research project and reviews in Andrology, and will be exposed to clinical research and practice in male reproductive health.

The Victorian fellowship is managed through Southern Health and Prince Henry’s Institute, and the NSW fellowship by the ANZAC Research Institute, in collaboration with Andrology Australia.

#### Vasectomy/vasectomy reversal workshop:
Andrology Australia sponsored a vasectomy reversal workshop at the Urological Society of Australia and New Zealand 61st Annual Scientific Meeting in Hong Kong, China in 2008. The workshop instructed Urologists in the technique of ‘no scapel vasectomy’ and explored the issues associated with vasectomy reversal.

#### Advanced prostate cancer guidelines:
Andrology Australia continued to provide support for the development of guidelines for clinicians and consumers on the management of advanced prostate cancer.

The advanced prostate cancer guidelines are being developed by the Cancer Council NSW in collaboration with the Australian Prostate Cancer Collaboration, the Urological Association of Australia and New Zealand, the Clinical Oncology Society of Australia and the Faculty of Radiation Oncology of the Medical Oncology Group of Australia. Additional financial support has also been provided by the Prostate Cancer Foundation of Australia and Australia Cancer Network.

The draft guidelines are expected to be completed in 2009 for review by the National Health and Medical Research Council.

#### Young Men’s Health ALM:
The Young Men’s Health ALM comprises a series of four case studies on the reproductive health of the younger male. Health issues addressed in the case studies include male physical examination, androgen deficiency, Klinefelter’s syndrome, male infertility, testicular cancer, prostatitis and premature ejaculation.

All case studies were written by affiliated specialists and a National GP Reference working group. The ALM attracts 40 category 1 RACGP QA&CPD points on full completion of the four case studies. Almost 200 GPs across Australia have completed the online ALM to date.

The ALM is a key initiative for Andrology Australia and was developed in conjunction with the Department of General Practice, Monash University and ThinkGP.

#### Active Learning Modules (ALM)

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Alternatively, orchidometers can be purchased online at www.andrologyaustralia.org.
DEVELOPMENTS FOR FUTURE GENERATIONS: RESEARCH

Being an interim funding cycle year, Andrology Australia limited its research efforts primarily to concentrate on identifying gaps in understanding as areas for future research activity.
Klinefelter’s syndrome population screening: Support continued for a PhD scholarship to investigate the feasibility of population-based screening for Klinefelter’s syndrome. The study aims to determine the prevalence and detection rates of Klinefelter’s syndrome in Victoria, and to identify the potential risks and benefits that could arise from implementing population-based genetic screening for Klinefelter’s syndrome at different ages and stages of development.

Men’s Health Australia Longitudinal Study working group
In 2002, Andrology Australia established a Longitudinal Study Steering Group to consider the design and development of a national longitudinal study to broadly investigate social and biomedical determinants of men’s health. A longitudinal study in men’s health will focus on broad aspects of physical, mental and reproductive health and well-being and their determinants.

Men’s Health Australia Longitudinal Study: Andrology Australia continues to scope and identify the key biomedical, psychological and social health determinants for men’s health research. Expert advice is being sought through the establishment of additional working groups focusing on social determinants of health, and Aboriginal and Torres Strait Islander health. It is envisaged that such information will help develop the men’s health research agenda in Australia through an understanding of changing patterns in health indicators in men across the lifespan that would be identified through a national men’s health longitudinal study.

Klinefelter’s syndrome population screening: Support continued for a PhD scholarship to investigate the feasibility of population-based screening for Klinefelter’s syndrome. The study aims to determine the prevalence and detection rates of Klinefelter’s syndrome in Victoria, and to identify the potential risks and benefits that could arise from implementing population-based genetic screening for Klinefelter’s syndrome at different ages and stages of development.

The study provides the first Australian calculation of prevalence and diagnosis rates for Klinefelter’s syndrome and suggests higher detection rates than those seen overseas. Men with Klinefelter’s syndrome are currently being recruited to complete the survey component of the study.

Men’s Health Australia Longitudinal Study working group
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‘Healthy and Active’ workplace health promotion pilot study: A pilot program was developed to promote physical activity in men by raising awareness of general and reproductive health through communication of relevant health messages within a workplace environment.

The collaborative project involves staff working in two Victorian government local council offices. Staff at each local council receive health information including access to an online portal (www.healthyactive.com.au) to track their health, food intake and exercise, as well as a health coaching telephone line and health seminars.

The project will run for an initial six months and will then be assessed on its impact on staff activity levels. The pilot program is a collaborative project between Kinect Australia and Andrology Australia and is supported by the Australian Government Department of Health and Ageing – Healthy Active Australia: Community and School Grants Program.
SHARING KNOWLEDGE:
PRESENTATIONS AND PUBLICATIONS

Publishing important research and presenting results at professional conferences assists in sharing knowledge with the academic community and further promotes Andrology Australia in the public domain. Discussion of research can also lead to new collaborations forming between researchers to further build the men’s health evidence-base in Australia.
CONFERENCE PRESENTATIONS:

Invited speaker:
Holden CA. Prostate disease symptoms and screening in Australia: epidemiological studies with a national sample and with Aboriginal and Torres Strait Islander men. Queensland University of Technology, Faculty of Health Seminar. Brisbane, Qld: February 2008


National:


International:


International:

PUBLICATIONS:

2008


2007


2006


2005

Cock ML, Holden CA, de Kretser DM. Andrology Australia’s snapshot of reproductive health in middle aged and older Australian men: MATeS (Men in Australia Telephone Survey). Annual Publication of the Australian Chinese Medical Association (Vic) 2005; 50–53


2004


2003

Adams M, de Kretser DM, Holden CA. Male sexual and reproductive health among the Aboriginal and Torres Strait Islander population. Rural and Remote Health 3 (Electronic Journal) 2003; 151


Bie D, Breslau T, Slagå C, Green S. Specialised medical search engines are no better than general search-engines in sourcing consumer information about androgen deficiency. Human Reproduction 2003; 18: 553–561


Andrology Australia is described as a ‘centre without walls’. It is a collective network of Australian health and education experts, working as a collaborative program to improve men’s health education and research. The unique organisational model creates maximum outputs from a limited pool of resources.
In 2008, Andrology Australia experienced little change within its structure. Inaugural Director, Professor David de Kretser AC, Governor of Victoria, continued his association with Andrology Australia as Patron and Australian cricket legend Merv Hughes continued in the role of Ambassador. We welcomed Professor Sally Green and Mr Geoff Walsh to Andrology Australia.

**ORGANISATIONAL STRUCTURE**

**Professor David de Kretser AC**
The Governor of Victoria and Patron of Andrology Australia, David was instrumental in establishing Andrology Australia, serving as inaugural Director from 1999 to 2006. David has made significant contributions in reproductive medicine, to the development of the biotechnology industry, and to bioethics.

David is one of the chosen health ambassadors for the Australian Government’s development of a national men’s health policy.

**Merv Hughes**
A noted former Australian cricketer and avid Ambassador for Andrology Australia and the advancement of men’s health. Merv travels Australia to speak at community events to encourage men to look after their health.

Merv emphasises the importance of a healthy lifestyle to benefit men’s general health and their relationships with family and friends. As part of his role with Andrology Australia, Merv also participates in media interviews and photo opportunities.

**Professor Robert McLachlan**
Professor Rob McLachlan (MBBS, FRACP, PhD) is a Principal Research Fellow of the NHMRC at Prince Henry’s Institute and is Deputy Director of Endocrinology at the Monash Medical Centre. He specialises in the area of male reproductive medicine and has made significant contributions to research in endocrinology, infertility and andrology. He combines his academic career with active clinical practice as a consultant in these fields.

Rob is also Secretary of the International Society of Andrology and a consultant to the World Health Organisation (WHO) on male infertility regulation.

**Professor Gail Risbridger**
BSc (Hons), PhD
Professor Gail Risbridger is Associate Dean, Research Centres & Institutes and a founding member of the Monash Institute of Medical Research. Currently heading the Institute’s Centre for Urological Research (CURe), Gail leads a team of investigators who aim to better understand prostate disease, leading to improved diagnosis and treatment of both benign and malignant prostate disease. Gail is a Fulbright Senior Scholar and recipient of the British Endocrine Society Germaine Award, given in recognition of her significant contribution to endocrinology.

**Associate Professor Doug Lording**
BEd (Sci), MBBS, FRACP
A/Professor Doug Lording is an Endocrinologist and Andrologist in private practice at Calibre Hospital, Melbourne. Doug has a 30 year interest in sexual medicine and testosterone use in men and is a national expert in erectile dysfunction. He has extensive clinical trial experience, has held many hospital administrative positions and is an Honorary Clinical Associate Professor of Medicine at Monash University. Doug also holds a position on the Andrology Australia Advisory Board.

**Professor Marian Pitts**
BA (Hons) Wales, PhD Wales, AFBPS, MAPS
Professor Marian Pitts is a Psychologist and is current Director of the Australian Research Centre in Sex, Health and Society, La Trobe University. Marian has international experience in research and teaching. She has made a major contribution to the development of health psychology both in the UK and internationally. Marian has provided advice and expertise to Australian State and Federal Ministerial committees related to sexual health and STIs, and has been involved in a large number of advisory committees. In 2008, Marian was appointed Chair of Social, Behavioural and Economic Sciences within the Australian Research Council College of Experts.

**Professor Sally Green**
PhD, B App Sc (Physiotherapy), Grad Dip (Musculoskeletal Physiotherapy)
Professor Sally Green is Director of the Australasian Cochrane Centre and a Professor in the Faculty of Medicine, Nursing and Health Sciences at Monash University. She is an active Cochrane reviewer and is a member of the Cochrane Collaboration Steering Group and Co-Editor of the Cochrane Handbook of Systematic Reviews of Intervention.

Sally has several competitively funded research projects which aim to improve health outcomes by investigating the most effective and efficient pathway of knowledge from research result to sustained change in clinical practice and policy.

**Mr Peter Royce**
MBBS, FRACS (Unit), FACS
Mr Peter Royce has been in Urology practice for 20 years and is Director of Urology, Alfred Health, Senior Consultant Urologic Surgeon at The Alfred and Cabrini hospitals in Melbourne and Honorary Lecturer, Department of Surgery, Monash University. He was awarded Fellow American College Surgeons 1993 and was co-founder of the Melbourne Prostate Institute/Brachytherapy Prostate Cancer Clinic at The Alfred, Melbourne. Peter has extensive experience with radical prostatectomy, prostate brachytherapy and high intensity focused ultrasound for the treatment of localised prostate cancer.

**Mr Geoff Walsh**

**Professor Marian Pitts**

**Associate Professor Doug Lording**

**Professor Sally Green**

**ORGANISATIONAL STRUCTURE**

**Management Group**

To assist in the management of the program, Andrology Australia draws on contributions by and direction from Australia’s leading experts in the areas of male reproductive medicine, general practice and public health. The Director, Patron and CEO are also members of the management group.

**Professor Marian Pitts**

**Associate Professor Doug Lording**

**Professor Marian Pitts**

**Professor Sally Green**

**Professor Marian Pitts**

**Management Group**

**Professor Marian Pitts**

**Associate Professor Doug Lording**

**Professor Marian Pitts**

**Professor Sally Green**

**Management Group**

**Professor Marian Pitts**

**Associate Professor Doug Lording**

**Professor Marian Pitts**

**Professor Sally Green**
ADVISORY BOARD

The Director, CEO and Management Group administer and monitor the Commonwealth grant funding and any additional financial support to ensure all objectives of Andrology Australia are achieved. They do so with the advice of a collective group of key business, medical and community leaders. Members of the Advisory Board are approved by the Australian Government Department of Health and Ageing prior to commencement.

Mr Mark Rayner
(Chairman, Victoria)
Mark is an experienced businessman, appointed by the Minister of Health to act as Chairman of Andrology Australia. He is a former Director and Chairman of a number of former publicly listed companies.

Associate Professor
Mark Prydenberg (Victoria)
Mark is Head of Urology at Monash Medical Centre and Associate Professor in Monash University’s Department of Surgery. Mark is one of Australia’s most respected authorities in urological oncology. He is also the chairman of the Urologic Oncology Special Advisory Group of the Urological Society of Australia and New Zealand.

Professor RA “Frank” Gardiner
(Queensland)
Frank is an academic urologist based at the University of Queensland Centre for Clinical Research at Royal Brisbane and Women’s Hospital and has adjunct titles at the Queensland Institute of Medical Research and Queensland University of Technology. He is a consultant urologist at Royal Brisbane & Women’s Hospital with extensive clinical and research experience of 30 years. Frank is on the editorial board of several international medical journals and is Chairman of the medical and scientific committee of The Cancer Council Queensland.

Professor David Handelsman
(New South Wales)
David is Foundation Director of the ANZAC Research Institute at Concord Hospital and the University of Sydney. David is Australia’s first Professor of Andrology and has long had interest in all aspects of male reproductive health, medicine and biology.

Professor Noel Hayman (Queensland)
Noel is an Australian Aboriginal General Practitioner and public health physician with a dedicated interest in Indigenous health. He was one of the first Aboriginal men to complete a degree in medicine at University of Queensland, at which he is now an Associate Professor with the School of Medicine.

Professor Gorden Lording (Victoria)
Doug is an Endocrinologist and Andrologist in private practice at Cabrini Hospital, Melbourne. Doug has a 30 year interest in sexual medicine and testosterone use in men, and is a national expert in erectile dysfunction. Doug has extensive clinical trial experience, has held many hospital administrative positions and is an Honorary Clinical Associate Professor of medicine at Monash University.

Professor Doreen Rosenthal AO
FASSA (Victoria)
Doreen is Honorary Professorial Fellow in the Melbourne School of Population Health at The University of Melbourne. A developmental psychologist, Doreen is a respected international expert in the field of adolescent sexuality and sexual and reproductive health.

Mr Michael Schildberger
(Victoria)
Michael is the Executive Chairman of the media production company Business Essentials Pty Ltd. Michael is a well known business and media personality and with a past history of prostate cancer, he also represents the consumer.

Professor Wayne Tilley
(South Australia)
Wayne is the inaugural Chair of the Dame Roma Mitchell Cancer Research Laboratories, Hanson Institute and University of Adelaide. Wayne has an international reputation in the fields of androgen action and prostate cancer.

Dr Alan Wright
(Western Australia)
Alan is a general practitioner with extensive experience in men’s health management. With a significant interest in GP education in the area of men’s health, Alan has worked in general practice in Western Australia since 1983. He is currently Chair of the Communication and Clinical Practice Domain at the School of Medicine at the University of Notre Dame Australia, and Senior Lecturer in Men’s Preventive Health and Evidence Based Medicine at Edith Cowan University.

Mr Geoff Walsh AO
(Victoria)
Geoff is Director of Public Affairs at BHP Billiton after a career spanning politics, government and the media. He was National Secretary of the Australian Labor Party (2000–2003) and a senior adviser to Australian Prime Ministers Bob Hawke and Paul Keating, and to Victorian Premiers Steve Bracks and John Brumby. Geoff has also served as Australian Consul-General in Hong Kong (1995–1998) and as head of the Department of Foreign Affairs and Trade’s Public Affairs Division.
ADMINISTRATION

Andrology Australia is administered by the Monash Institute of Medical Research (MIMR) based at Monash University, Victoria. MIMR was chosen by the Federal Government due to its international reputation and expertise in the area of male reproductive health. Monash University is the legal entity for Andrology Australia.

GETTING THE JOB DONE:
A small core administrative staff supports the Director and Management Group to ensure smooth running of the program on a day-to-day basis:

Dr Carolyn Allan
Carolyn is the medical advisor and assists with the development of consumer and professional information for the program.

Ms Cassy Bezeruk
Cassy is the Public Relations and Communications Manager and is responsible for the communication activities of the Centre.

Ms Sarah Bloomfield
Sarah is the Public Relations and Communications Officer and is responsible for the program’s publications and media liaison.

Dr Megan Cook
Megan is the Project Officer and coordinates the working groups and their research projects, and professional education activities.

Ms Taletha Groves
Taletha is the Education Officer and focuses on building relationships and coordinating projects with community and health professional organisations.

Dr Carol Holden
Carol is the Chief Executive Officer and coordinates the activities of the Centre. She ensures the centre maintains effective administrative and financial management.

Mr Khodad Khodadi
Khodad is the Logistics Assistant and ensures resource orders are appropriately dispatched.

Mrs Elizabeth Rowell
Elizabeth is the Executive Assistant and provides executive support to the Director, CEO and Management Group.

Mr Luke Swain
Luke is the Administrative Assistant and provides administrative support to the program.

ADVISORS

Working Groups:
Working groups are established to design, develop and initiate a program of activity consistent with Andrology Australia objectives. Individuals from across Australia with expertise in the specific project area, including Andrology Australia representatives, identify and explore potential funding sources that may support these initiatives. They guide development of the project and provide valuable expertise and insight into men’s health and associated conditions.

Andrology Australia would like to acknowledge the support and involvement of all working group members as listed with the relevant projects throughout this report.

Affiliates:
Andrology Australia would like to acknowledge and thank all Affiliates for their contributions to the program:

Dr Sanjiv Bandi
Andrology ASG-USANZ, Qld

Mr Spence Broughton
Consumer representative, Qld

A/Professor Suzanne Chambers
Keogh Institute for Medical Research, WA

Dr Kim Chew
Institute of Health & Biomedical Innovation, Qld

Professor Judith Clements
University of Melbourne, Vic

Dr Michael Gillman
Shore Street West Medical Centre, Qld

Dr Raie Goodwach
Malvern Psychotherapy Centre, Vic

Dr Dragan Ilic
Monash Institute of Health Services Research, Vic

Dr Veena Jayadev
Joondalup RV, WA

A/Professor Peter Liu
ANZAC Research Institute, NSW

Dr Michael Luxy
Sydney Centre for Men’s Health, NSW

Dr Tony Morrow
Consultant Endocrinologist, NSW

Dr Anne Joquier
Consultant Endocrinologist, SA

Mr James Smith
Department of Health and Families, NT

Dr Peter Sutherland
South Terrace Urology Day Surgery, SA

A/Professor Guy Toner
Peter MacCallum Cancer Institute, Vic

Advisors and reviewers:
Andrology Australia would like to acknowledge and thank the following advisors, reviewers and contributors to program development during 2008:

Dr Nicholas Aspres
Southwest Sydney Dermatology, NSW

Dr Gordon Baker
Royal Women’s Hospital, Vic

Dr Denis Cherry
Perth Human Sexuality Centre, WA

Dr Danielle Delaney
Monash Medical Centre, Vic

Ms Sandra Dill
ACCESS Australia

Dr Karin Hammaberg
University of Melbourne, Vic

Ms Amy Herlihy
ACCESS Australia

Mr Railton Hill
Melbourne Institute of Plastic Surgery, Vic

Professor Peter Hollingworth
Fertility Society of Australia

Alan Hoppood AM
Bay Street Productions, Vic

Professor Gab Kouss
Monash IVF, Vic

Dr Devora Lieberman
Fertility Society of Australia

Mr Graeme Southwick
Melbourne Institute of Plastic Surgery, Vic
COLLABORATIONS

LENTOX

Australian Prostate Cancer Collaboration: The Australian Prostate Cancer Collaboration (APCC) aims to reduce mortality and morbidity and improve the quality of life of men with prostate cancer. The organisation also aims to develop strategies for the prevention of prostate cancer. Andrology Australia continued to support the APCC secretariat in 2008 to improve prostate cancer research and education in Australia.

The combined strength of clinical and scientific expertise ensures that quality research and evidence-based education is made available to the wider Australian community. Consultation with a wider network of individuals and organisations working in prostate cancer will lead to better decisions being made about priorities and strategies in this area. This will greatly improve health outcomes for men diagnosed with prostate cancer, and their families.

Andrology Australia concluded its management of the APCC secretariat at the end of 2008 after the initial agreement of a two-year duration. During that time, the assistance of Andrology Australia helped enhance collaboration and further minimised duplication of effort in prostate cancer research and education.

Claxbend Health Services

Kinect Australia: Kinect Australia strives to enhance people’s health and well-being, build stronger communities and create more liveable and sustainable environments across Australia through promoting ‘active living’.

Kinect Australia and Andrology Australia are working collaboratively on an 18 month pilot workplace health promotion, involving staff working in a metropolitan and a regional Victorian government local council office. It is envisaged that by combining workplace health promotion messages about the benefits of physical activity to reproductive health, the potential exists to increase participation of men in regular physical activity.

The project is supported by a community grant from the Australian Government Department of Health and Ageing – Healthy Active Australia: Community and School Grants Program. The pilot is due to be completed in 2009.

Family Planning NSW

Family Planning NSW: An independent, not-for-profit organisation, Family Planning NSW – The Warehouse has been providing reproductive and sexual health services in New South Wales for 80 years.

Family Planning NSW has partnered with Andrology Australia to promote the services and resources of both organisations, and to develop further resources to promote reproductive and sexual health to young men.

The first collaborative initiative is a health promotion initiative focusing on testicular cancer awareness. It is hoped that the initiative will increase awareness through use of a male friendly sporting theme of football and with the support of rugby team, the Penrith Panthers.

beyondblue

beyondblue: beyondblue is a national, independent, not-for-profit organisation working to address issues associated with depression, anxiety and related substance misuse disorders in Australia.

beyondblue and Andrology Australia have formed a partnership to capitalise on opportunities for cooperative research initiatives and the co-development of resources.

The partnership allows for the development and mass promotion of joint education resources and support tools for community and health professional education.

ORGANISATIONAL COLLABORATIONS:

Andrology Australia works with a number of organisations that have expertise in a range of men’s health conditions to further develop knowledge and resources for men’s health. Collaborations benefit the community and health professionals by increasing education and awareness of men’s health to a wider audience.

Andrology Australia would like to acknowledge the following organisations for their involvement and support in 2008:

- Aboriginal and Torres Strait Islander representatives
- ACCESS Australia
- ANZAC Research Institute, NSW
- ASN events
- Australasian Association of Clinical Biochemists
- Australian Football League
- Australian Indigenous Doctors’ Association
- Australian Practice Nurses Association
- Australian Prostate Cancer Collaboration
- Australian Prostate Cancer Collaboration
- Australian Research Centre in Sex, Health and Society, La Trobe University, Vic
- Bayer Schering Pharma
- Bendigo Community Health Services
- beyondblue
- Better Health Channel (Department of Human Services website)
- Business Essentials Pty Ltd
- Cancer Council NSW
- Cancer Council Queensland
- Cancer Council Victoria
- Chau Construction & Building Industry Super
- Centre for Education and Research on Ageing, NSW
- Continence Foundation of Australia
- Cricket Victoria
- Department of General Practice, Monash University, Vic
- Department of Veteran Affairs
- Diabetes Australia
- Divisions of General Practice
- Edge Sports Marketing
- Eli Lilly Australia Pty Ltd
- Endocrine Society of Australia
- E.J. Whittern Foundation
- Family Planning NSW
- Fertility Society of Australia
- Foundation 49
- Freemasons Centre for Men’s Health, SA
- HealthInsite (Australian Government Department
- Health & Ageing website)
- Impotence Australia
- Indigenous Health Unit, School of Rural Health
- Janssen Cilag
- Key Centre for Women’s Health in Society, University of Melbourne, Vic
- Kinect Australia
- Menzies Australia
- Menzies Institute of Health Services Research, Vic
- Menzies Institute of Medical Research, Vic
- Multicultural Health Communications Service, NSW
- National Rural Health Alliance
- Osteoporosis Australia
- Pfizer Australia
- Pharmaceutical Association of Australia
- Prince Henry’s Institute, Vic
- Prostate Cancer Foundation of Australia
- Queensland University of Technology, Qld
- Relationships Australia
- Royal Adelaide Hospital, SA
- Royal Australian College of General Practitioners
- Royal College of Pathologists of Australasia
- Royal Women’s Hospital, Vic
- School of Psychology, Deakin University, Vic
- School of Psychology, Psychiatry and Psychological Medicine, Monash University, Vic
- Sense Pty Ltd
- Southern Cross Pathology Australia, Vic
- State Government Departments
- Strategic Development Unit, Monash University, Vic
- Sydney Centre for Men’s Health
- ThinkED
- University of Adelaide, SA
- University of South Australia, SA
- University of South Australia and New Zealand
- Ultrasound Society of Australia and New Zealand
- Western District Health Service

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THANK YOU

Sponsor acknowledgement:
Andrology Australia acknowledges the primary support of the Australian Government Department of Health and Ageing that allows for the continued development of a range of program activities. Additional support is also gratefully received on occasion from other government, corporate and philanthropic organisations for specific program activities:

Bayer Schering Pharma
Support for associated costs into Klinefelter's syndrome population screening study

Rio Tinto Aboriginal Fund
Support for the development of an education module on male health for male Aboriginal Health Workers

Rural Health Branch of the Australian Government: Department of Health and Ageing
Support for the Men's Health Education Kit

The Healthy Active Australia Community and Schools Grants Program of the Australian Government Department of Health and Ageing
Support for the Workplace Health Promotion Pilot Program, in collaboration with Kinect Australia

Funding is allocated to infrastructure and administrative expenses, community and professional education programs, and to the support of research.

| Funding from Federal Department of Health & Ageing (DHA) | 1,100,000 |
| Other revenue | 204,290 |
| Total revenue | 1,304,290 |
| Total operating expenditure | 36% |
| Programs in accordance with Business Plan: | |
| Community education programs | 43% |
| Professional education programs | 14% |
| Research | 6% |
| Evaluation | 1% |
| Total project distributions | 64% |

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Other revenue: AU$204,290
Total revenue: AU$1,304,290
Total operating expenditure: 36%
Programs in accordance with Business Plan:
- Community education programs: 43%
- Professional education programs: 14%
- Research: 6%
- Evaluation: 1%
- Total project distributions: 64%

Donor and bequest acknowledgement:
Andrology Australia would like to extend our sincerest gratitude to those individuals who have given a donation and provided gifts in memoriam over the past year. Such gifts of generosity are valued as they help us to continue to enhance men’s health and well-being by addressing a range of men’s health issues through educational programs and research.

Through the provision of such gifts, Andrology Australia can continue to support the health of men in Australia. Andrology Australia would like to especially thank the following organisations for their donations in 2008:

- ANZ Bank, Melbourne
- ART Security Pty Ltd
- Business Essentials
- City of Casey - Men’s health action group
- Hagemeyer Australia
- Mackay Prostate Cancer Support Group
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