We will continue to bring greater focus and recognition of the importance of men’s health, now and in the future.
Chairman’s report

Since its inception in 1999, Andrology Australia (the Australian Centre of Excellence in Male Reproductive Health) has built a strong reputation as a leading authority on men’s reproductive health. As an independent organisation initiated and funded by the Commonwealth Government, it draws together health professionals, community leaders and professional bodies and is now recognised by doctors, community workers, the media and the general public as the authoritative source of quality information and education.

Since its formation, Andrology Australia has focused on putting in place the foundations to achieve widespread professional education and community information on men’s health issues. This has involved extensive sociological research and the development of authoritative information available through consumer booklets and our website. In parallel, an integrated system providing specialist education to general practitioners has been created, ensuring their readiness to respond to patient enquiries. This is backed up by close contact with scientific researchers, particularly to support gaps in the research infrastructure in Australia.

With the completion of this initial phase in our strategy, Andrology Australia is now clearly positioned as an independent authority whose assistance and expertise is widely sought. The organisation has become vital to the infrastructure of men’s health in this country. We are delighted to be recognised as a cooperative ally rather than a competitor to existing services in men’s health.

Andrology Australia is now ready to move forward with the second stage of its strategy: to foster awareness and understanding of men’s reproductive health throughout the Australian community, and to encourage men to seek advice on treatment and management. Our aim is to parallel in men’s health the great successes achieved over the past decade or so in the women’s health field.

With new discoveries and developments happening every day in the world of healthcare, the value of collaboration and partnership cannot be underestimated. Over the past twelve months, Andrology Australia has continued to build its network of collaborative partners. Professional peak bodies and organisations such as the Urological Society of Australasia, the Cancer Council of Victoria, Impotence Australia and Relationships Australia have endorsed the new consumer guides. Their support helps ensure the acceptance and wider application of these vital information tools.

Andrology Australia also joined forces with the Australian Prostate Cancer Collaboration in 2003 and continued to work with the Indigenous community, government authorities and local councils to raise the awareness of men’s health issues in the community.

I take this opportunity to thank not only all our partners for their support of Andrology Australia, but also all members of the Board and Advisory Groups for their contributions throughout 2003. I welcome Professor Kerin O’Dea from the Northern Territory, Dr Noel Hayman from Queensland and Mr Alan Stapleton from South Australia to the Board and look forward to working with them and our other long-standing members in 2004.

My Board colleagues join me in congratulating Professor David de Kretser on his international acknowledgement from the American Society of Andrology as one of the world’s most Distinguished Andrologists. This award was partly made in recognition of his efforts with Andrology Australia, an international model for collaboration in men’s health.

Mark Rayner
Chairman
Andrology Australia (The Australian Centre of Excellence in Male Reproductive Health) aims to enhance community and health professional knowledge in targeted areas of male reproductive health. It is funded by a grant from the Commonwealth Department of Health and Ageing. This “centre without walls” operates nationally and draws together expertise from around the country to undertake collaborative programs to improve and promote the reproductive health of males.

Mission Statement
Andrology Australia (The Australian Centre of Excellence in Male Reproductive Health) will undertake those measures that will enhance the reproductive health of males including community and professional education strategies and support of national research programs.

Goals
Andrology Australia undertakes measures that will enhance the reproductive health of males. It seeks:
- To educate the community regarding issues relating to male reproductive health and to improve men’s understanding of such health disorders.
- To educate health professionals in the field of male reproductive health.
- To draw together research and best practice expertise from around Australia and, where appropriate, from overseas.
- To support national research infrastructure programs, where funding is not available from other sources, to enhance research into the reproductive health of men.
- To maximise the effective use of financial resources available for the field of male reproductive health from Commonwealth, State and other organisations by the development of collaborative programmes.
- To collaborate with other existing organisations to maximise the benefits of male sexual and reproductive health education and treatment.

Priority areas
The targeted areas of male reproductive health currently include:
- Prostate disease, including prostate cancer
- Testicular cancer
- Male infertility
- Use and abuse of androgens
- Sexual dysfunction, including impotence

Evaluating the success of the Program
Evaluation of Andrology Australia is essential to assess the effectiveness of the program in meeting its objectives, and allows feedback for further improvement.

The Centre for Organisation Evaluation and Change, Monash Institute of Health Services Research, Monash University has been appointed to independently evaluate the Andrology Australia program on an ongoing basis to ensure that the program objectives are met. In 2003, this evaluation also demonstrated that the unique organisational model of Andrology Australia allows effective administration of the program and building of strategic alliances and collaborative relationships, maximising the productive use of available funds and avoiding duplication of effort.
Director’s report

When Andrology Australia was established in 1999, Australian health authorities recognised the need for greater understanding and awareness of men’s reproductive health issues. However, the magnitude of this need was not obvious at the time.

Over the past three and a half years Andrology Australia has not only helped define and clarify the exact needs of the community, health professionals and medical researchers working in the area of men’s health, but has taken the vital initial steps towards addressing these needs.

Members of the general community have called on Andrology Australia for information on a daily basis throughout 2003. They have utilised our website and newsletters, which are now available in many public libraries throughout Australia. There has also been an overwhelming demand for our new consumer guides. More than 4000 copies of these free informative booklets on Androgen Deficiency, Testicular Cancer and Erectile Dysfunction have been distributed within the first few months of publication. Guides on Benign Prostatic Hyperplasia and Male Infertility will be available from March 2004.

Health professionals, especially general practitioners, have turned to Andrology Australia for education and updates on men’s health matters. Education sessions in conjunction with the Divisions of General Practice and a satellite broadcast with the Rural Health Education Foundation on men’s health have been accessed by hundreds of GPs Australia-wide. Education activities directed to GPs have also been conducted abroad in Fiji, Hong Kong and United Arab Emirates.

Advancing research into men’s health has also been a key priority for Andrology Australia. Research findings provide the basis of future education strategies, and publications are now emerging to disseminate these important studies to the wider professional community.

Such inroads into improving the health of Australian men would not be possible without the hard work of many people. I thank Dr Carol Holden and her administrative team, for their time and talents. I also convey my appreciation to the Board and Management Group for their dedication and to the many health professionals who serve on our advisory groups. Particular acknowledgement must be made of the contribution of Professor Jeremy Anderson who resigned from the Management Group to take up a new Professorial appointment. Jeremy stepped into the Group two years ago and has provided vital insight on public health issues.

The foundations have now been laid for Australian men to enjoy healthy long lives and we hope the efforts of Andrology Australia will continue to bring greater focus and recognition of the importance of men’s health, now and in the future.

Prof. David de Kretser AO
Director
Readership of the quarterly newsletter *The Healthy Male* has grown to more than 2000 subscribers.

Hits on the Andrology Australia public website ([www.andrologyaustralia.org](http://www.andrologyaustralia.org)) reached an average in excess of 300,000 per month.

The *GP Distance Education* program on male sexual and reproductive health continued to be offered through the Monash University Graduate Diploma or Master’s Degree of Family Medicine.

Roll-out of the National *Train-the-trainer workshops* began with Divisional education sessions being held across Australia, with almost 350 GPs completing the training.

International GP education was conducted in Fiji, Hong Kong and United Arab Emirates.

An *Education Needs Analysis*, revealing the information needs and information-seeking behaviours of men affected by reproductive health disorders, was completed.

A serum reference panel to improve the quality of *testing of male reproductive hormones* for the diagnosis of androgen deficiency in men was developed.

The first three in a series of ‘*Men’s Health Matters*’ consumer guides in male reproductive health on ‘Androgen Deficiency’, ‘Testicular Cancer’ and ‘Erectile Dysfunction’ were launched.

A *video resource* for GPs that can be remodelled as learning packages for other groups of health professionals was made available.

A *PhD scholarship* for an Indigenous man to examine the prevalence and correlates of sexual dysfunction among Aboriginal and Torres Strait Islander men was funded.

A *national telephone survey* of almost 6000 men to provide data on self-reported prevalence rates, attitudes, knowledge and beliefs on male health issues was completed.

Further infrastructure support for the *Australian Prostate Cancer Collaboration (APCC)* national prostate cancer bioresource was provided.

Support for the reprint of the popular *APCC consumer guide on Localised Prostate Cancer* was provided.

The *Aboriginal and Torres Strait Islander Male Health Reference Group* that considers and addresses the specific sexual health issues of this population continued.

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A *PhD scholarship* for an Indigenous man to examine the prevalence and correlates of sexual dysfunction among Aboriginal and Torres Strait Islander men was funded.
In 2003, with increasing awareness in the community of male reproductive health problems such as prostate cancer and erectile dysfunction, Andrology Australia conducted the following projects to ensure Australian males receive accurate and unbiased information based on their identified needs.

### Information needs of men affected by reproductive health issues

An Education Needs Analysis revealing the information needs and information-seeking behavior of men living with sexual and reproductive health issues was completed and launched in early December 2003.

The report highlights the current lack of education strategies in Australia focusing on male sexual and reproductive health issues and found there is limited information and service provision and few opportunities for men to discuss these issues.

This is the first time an analysis of this kind has been undertaken in Australia to provide a comprehensive overview of the information sought by men affected by a sexual and/or reproductive health issue, and will underpin a number of education activities in the future.

### Aboriginal and Torres Strait Islander health consultation

In order to better understand the prevalence and impact of male sexual and reproductive disorders on Aboriginal and Torres Strait Islander (ATSI) communities, meetings have been held between Andrology Australia and Aboriginal and Torres Strait Islander male representatives. The impact of male sexual and reproductive disorders on ATSI communities was discussed and areas of priority were agreed upon. This consultation is fundamental to answer a need to improve the education and awareness of sexual health in the ATSI male population.

### Socio-behavioural determinants of Androgenic-Anabolic Steroid (AAS) use

The abuse of androgenic-anabolic steroids (AAS) is an area of public health concern. To understand men’s attitudes to AAS in more detail and to identify behaviors that can be targeted in health promotion strategies, Andrology Australia has provided support to the Australian Research Centre in Sex, Health and Society (LaTrobe University) to investigate this area. Information obtained from this consultation will be used to develop effective education strategies, seeking to provide men with quality and evidence-based information.

### Accessing information on prostate disease on the Internet

As part of the website development, support was provided to the Monash Institute of Health Services Research, Monash University for a study to identify and characterise Internet sites which provide information on male reproductive health issues. Initially, this answered a need to highlight sites that provide accurate information on androgen deficiency and, in 2003, support was given to extend this study to a review of sites featuring information on prostate disease. The nature, quality and accessibility of the information provided on the Internet is assessed with the aim of developing a consumer guide to assist users to confidentially explore the Internet for quality health information.
The following resources have been developed for the community, answering the need for access to a variety of quality educational materials.

Andrology Australia newsletter, The Healthy Male

This free quarterly newsletter now has over 2000 subscribers and the readership is steadily growing Australia-wide, with several organisations requesting multiple copies to distribute to their members. The newsletter seeks to keep readers up-to-date on the latest issues and activities of Andrology Australia. The Focus On section has proved to be very popular and is designed to be kept as an ongoing resource on different men’s health topics.

Andrology Australia website

The Andrology Australia website (www.andrologyaustralia.org) receives, on average, more than 300,000 hits per month and is regularly updated. New features in 2003 include a ‘What’s New’ section and sections on Klinefelter’s syndrome and the emotional aspects of infertility.

The site is a content partner with Better Health Channel (a Victorian Government health site) and HealthInsite (a Federal Government health site), and Andrology Australia provides up-to-date health information for both of these portals.

The Andrology Australia website also subscribes to the HON code principles which identify the site as containing quality health information.

Localised Prostate Cancer Consumer Guide

The Australian Prostate Cancer Collaboration (APCC) and the Australian Cancer Network partnered with Andrology Australia to reprint the second edition of the ‘Localised Prostate Cancer Consumer Guide’. The first print run of 28,000 copies was exhausted after 12 months.

Consumer guides

‘Men’s Health Matters’ consumer guides containing comprehensive information on male sexual and reproductive health issues have been developed by Andrology Australia and endorsed by relevant organisations and professional groups. The first three in the series on Androgen Deficiency, Testicular Cancer and Erectile Dysfunction were released in 2003. The guides were produced in response to the Needs Analysis, answering the desire for men living with a reproductive health problem to have access to quality and unbiased information.
Professional

EDUCATION

A well-informed health sector is fundamental to respond to the specific needs of men with sexual and reproductive health concerns.

The need for the medical community to be educated about male reproductive health issues is becoming increasingly important as community awareness begins to grow. Much of Andrology Australia’s professional education program in 2003 has focused on the education of General Practitioners (GPs). Being mindful of geographical distribution, patient access, and their different needs and learning styles, the following education strategies have been developed.

Distance education for GPs

The five week distance education course dedicated to Male Sexual and Reproductive Health, supported by Andrology Australia and conducted through the Department of General Practice at Monash University, continues to provide GPs with quality information and education. The course can be credited towards a Graduate Diploma or Master’s Degree in Family Medicine. A number of doctors from overseas have taken the course and a total of thirteen GPs completed the course in 2003.

National GP education program

Roll-out of the National GP education program began in 2003 with Divisional sessions being held around Australia. Referred to as a ‘Train-the-trainer’ program, GPs with a demonstrated interest in male reproductive health were invited to attend training workshops to become GP facilitators, and were then assisted by Divisions of General Practice to conduct education sessions in their own Division.

The program is answering a need to increase the number of GPs around Australia with knowledge of male reproductive health issues: to date, almost 350 GPs have attended a Divisional Education Session, with 24 divisions scheduled to complete the program in 2004.

The international pharmaceutical company Pfizer has supported over 20 of the Divisional meetings around the country, and also provided support for a recent video meeting held in the United Arab Emirates.

Health education for medical professionals in rural areas

In conjunction with the Rural Health Education Foundation, Andrology Australia produced a follow-on from the Satellite Broadcast held in September 2002, with a second broadcast on male infertility and testicular cancer. GPs and other health professionals in rural and remote areas were able to access the program from 274 sites across Australia.

RESOURCES

The following resources have been specifically developed to provide the medical community with access to a variety of quality, authenticated educational material and patient resources.

Health professional website

The Health Professional website, www.drandrologyaustralia.org, continued to provide the medical community with access to quality, authenticated clinical information. The site averages 30,000 hits per month and includes relevant journal articles, reviews and details of training sessions.

Educational video resource for GPs

A video resource was developed by the Department of General Practice, with support from Andrology Australia, to complement the National GP Education Program on male sexual and reproductive health. The video has been sent to all Divisions of General Practice around Australia and is being used to disseminate the latest information on male reproductive health issues to the wider GP community.

Business Essentials for GPs

Andrology Australia provided support for the Business Essentials for General Practitioners program, a series of bimonthly audiotapes for GPs produced by Business Essentials Pty Ltd. The audiotapes provide information on topical health issues and business tips for practice managers. In 2003, experts associated with Andrology Australia provided contributions on specific men’s health issues. Audiotapes are sent to 18,000 GPs around the country.

Resources for patients

Consumer guides containing comprehensive information on male sexual and reproductive health issues have been developed by Andrology Australia. The first three, released in 2003, were on Androgen Deficiency, Testicular Cancer and Erectile Dysfunction. Written by recognised experts, the guides incorporate contributions and comments from panels of health professionals and consumers. The guides have been endorsed by the Urological Society of Australasia, the Endocrine Society of Australia, the Cancer Council of Victoria, the Continence Foundation, Impotence Australia and Relationships Australia.
The term andrology is not well understood in the community. Increasing understanding of the term - as male reproductive health, medicine and biology (the male equivalent of gynaecology) - will assist men in finding gender-specific health information when they need it.

In addition to the growing network of interested individuals and organisations that register for The Healthy Male newsletter, a public relations strategy utilising community and professional media was effectively implemented in 2003. This also includes the establishment of a 1300 number to enable callers from anywhere in Australia to reach Andrology Australia at the cost of a local call.

Men’s Health Matters campaign

A ‘Men’s Health Matters’ campaign was implemented in 2003 to raise the awareness of men’s health around Australia. The campaign initially targeted libraries, community health centres, pharmacists, continence and occupational health nurses and infertility clinics and invited them to utilise the resources Andrology Australia has available. The strategy has increased the awareness of the Andrology Australia program as a source of quality and authenticated information on male reproductive health issues. Hundreds of organisations and individuals now receive information from Andrology Australia as a result of this campaign.

Significant support to further develop the community education campaign was provided in the form of an unrestricted educational grant by the international pharmaceutical organisation Eli-Lilly Australia Pty Ltd.

Public Events

Seminar in Coburg, Vic

Over 120 people attended a men’s health seminar that was organised by Andrology Australia in conjunction with Moreland City Council, answering the need for men’s health education in the workplace. Guest speakers included Prof. David de Kretser, Simon Madden, Essendon Football Club Legend and Mayor Joe Ficarra from Moreland City Council.

Australian Science and Medical Research Week

Support of the Australian Science and Medical Research Week lecture ‘Forever Young – Issues in Men’s Health’ was provided by Andrology Australia. Associates of Andrology Australia, A/Prof Mark Frydenberg and Dr. Carolyn Allan, also spoke at the public forum that attracted more than 50 people.

Community And Workplace Events

In 2003, Andrology Australia was approached by numerous community organisations and businesses to provide resources for health seminars and events. This reflects a growing community awareness of men’s health issues and the need for information to be available in a variety of ways and places.

Launch of Consumer guides

To release the first in the series of ‘Men’s Health Matters’ consumer guides, a launch was held involving professional racing driver Larry Perkins, Bruce Billson MP and Prof. David de Kretser. This event raised community awareness of Andrology Australia and the consumer guides through extensive media coverage.

Seminar in Bendigo, Vic

During Bendigo Men’s Health Week (1st to 7th September), an evening seminar was held to educate men to look after their health. Guest speakers included Prof. de Kretser, Mark Mitchell (aka Con the Fruiterer) and Dr John Tickell (GP). The seminar attracted almost 500 men from Bendigo and the surrounding region, clearly highlighting the need for community education on men’s health.

Carolyn Poljski
Health Promotion Officer
PROFESSIONAL EVENTS

In addition to the education sessions run through the Divisions of General Practice, Andrology Australia worked with several organisations and professional groups to raise the awareness of the program and the education and information it provides.

Video launch in Townsville

A video resource to complement the National GP Education Program on Men’s Sexual and Reproductive Health was launched in conjunction with the Townsville Division of General Practice, following a GP education workshop. Guest speakers included Dr Peter Doyle, Prof. Leon Piterman, Townsville Rotary Club president and councillor Brian Bensley, and Senator the Hon Kay Patterson sent a video message of endorsement. Over 50 GPs and interested members of the community attended the launch.

International Visitors

The worldwide reputation of the experts associated with Andrology Australia allows the input of international alliances and networks into the development of program activities.

In 2003, Prof. Fred Wu (Manchester, United Kingdom) and Prof. Niels Skakkebaek (Copenhagen, Denmark) spoke at the annual meetings of the Endocrine Society of Australia and the Fertility Society of Australia at the invitation of Andrology Australia. These two international experts provided a global perspective on male reproductive health issues.

Fertility Society of Australia

Prof. Niels Skakkebaek (Copenhagen, Denmark) visited Australia as part of Andrology Australia’s support of the Annual Fertility Society of Australia meeting in Perth. During his visit he also spoke at an informal round table discussion with a group of interested health professionals at the Baker Institute in Melbourne. Prof. Skakkebaek gave a short presentation on the link between testicular cancer and infertility, followed by a review and discussion of case material. Support for the seminar was also provided by AstraZeneca and Olympus.

Endocrine Society of Australia

Prof. Frederick Wu (Manchester, UK) spoke at the Annual meeting of the Endocrine Society of Australia as part of Andrology Australia’s support of the meeting. Prof. Wu is an internationally renowned expert on endocrine changes associated with ageing in men.

Conferences for GPs

Andrology was a major theme at the Monash New World of Medicine conference (Prato, Italy, May 2003) and was included at the annual Monash GP update course conducted in 2003. Over 250 GPs attended these events.
National telephone survey of middle aged and older men

In 2003, Andrology Australia developed and funded a national telephone survey to understand the sexual and reproductive health issues that affect middle aged and older Australian men. Administered by the Hunter Valley Research Foundation, almost 6000 men aged 40 years and over were interviewed, with an excellent response rate of 78.5% achieved. The results will be released in 2004 and are expected to provide a profile on important health issues such as benign prostatic hyperplasia, erectile dysfunction, fertility and contraception in Australian men. This information will enable the development of appropriate treatment strategies, health policy and provision of services for the middle aged and older male.

Use, misuse and abuse of androgens

Appropriate clinical use of androgens is a major issue in male reproductive health and a priority area of concern. To determine the magnitude of this problem, so that appropriate educational measures and health policy can be adopted, Andrology Australia provided support to the ANZAC Research Institute, Sydney to obtain and analyse information about androgen use, misuse and abuse in the community.

One study examined the patterns and predictors of androgen abuse among Australian secondary students. A second study examined the patterns of androgen prescribing under the Pharmaceutical Benefits Scheme during the last decade, showing a progressive increase and marked regional and temporal variations between states.

Serum reference panel for the diagnosis of androgen deficiency

A benchmark for accurate measurement of testosterone levels in men, to standardise testosterone level testing across Australia and improve delivery of health care services, was recently completed. All testing laboratories around Australia and possibly overseas will be able to use this benchmark when measuring testosterone levels, instead of using previously inappropriate reference intervals.

The serum reference panel was developed in conjunction with the Royal College of Pathologists of Australasia (RCPA) and the Australasian Association of Clinical Biochemists (AACB). Support was also received from Pathology laboratories and suppliers of the hormone assays.

Examining sexual dysfunction among Aboriginal and Torres Strait Islander males

Prevalence data on male sexual and reproductive health issues in Aboriginal and Torres Strait Islander (ATSI) communities is severely lacking. A health survey to gain a better understanding of the prevalence and impact of male sexual and reproductive health disorders on ATSI communities is being supported in the form of a scholarship.

Former Queensland Aboriginal and Islander Health Forum (QAIHF) CEO Mick Adams has begun studying for his doctorate on Aboriginal Male Health at the Queensland University of Technology (QUT) and will conduct the health survey. The study will create better understanding of these problems and enable targeted intervention programs to be developed.
Review of national and international literature

A review of the national and international literature has been undertaken to understand the current level of knowledge about male sexual and reproductive health. The Centre for Clinical Effectiveness at the Monash Institute for Health Services Research, Monash University, was commissioned to complete reviews on the major studies that investigated the incidence and prevalence of several areas of male sexual and reproductive health. The reports highlight the range of possible risk factors associated with the different conditions. Reviews have been undertaken on androgens in older men, erectile dysfunction, benign prostatic hyperplasia and prostate cancer. The reports will provide the medical and academic communities with the current state of knowledge in relevant areas, and key research questions that still need to be addressed.

Examining the prevalence of declining testosterone levels in men in WA

A study examining the rate of decline in testosterone levels in ageing men living in the Busselton Shire of south-western Western Australia was supported by Andrology Australia. The study uses stored sera from the Busselton Population Survey, a prospective based longitudinal survey. Utilising this resource, androgen levels in sera previously collected over a 15 year period will be analysed and linked to a population database in order to determine the association of testosterone levels and the rate of decline in hormone levels with specific mortality and morbidity.

COLLABORATIONS

Support of research is fundamental to enhance the knowledge and collaborative research effort in Australia, and to build credibility both nationally and overseas in regard to Australia’s commitment to men’s health research.

DNA bank for male infertility

With initial support provided in 2001, Andrology Australia has continued to support the following collaborative research programs to avoid duplication of resources and maximize collaboration within the scientific community.

Australian Prostate Cancer Bio-resource

The Australian Prostate Cancer Bio-resource aims to reduce mortality and morbidity, and to improve the quality of life of men with prostate cancer, by facilitating research that will improve prostate cancer management. The bio-resource is an ongoing project in conjunction with Andrology Australia, and is also supported by the Commonwealth Bank and the Prostate Cancer Foundation of Australia.

In 2003:
- auditing of prostate cancer research activity and tissue/data collections in Australia continued
- preliminary guidelines for standardised tissue collection and ethics procedures were established
- a domain name and website went “live” at the Australian Prostate Cancer Collaboration Annual Meeting in August 2003
- a Bio-Resource Management Committee (BMC) was established to investigate various options for database systems and appropriate datasets

DNA bank for male infertility

To further research into genetic causes of male infertility, Andrology Australia continues support of the DNA bank based at Monash Institute of Reproduction and Development (MIRD). The DNA bank is important for developing techniques to diagnose male infertility and is also being used in the process of developing contraceptives for men and women. Prince Henry’s Institute of Medical Research (PHIMR) and the Royal Women’s Hospital in Melbourne also provide samples to the DNA repository.

In 2003:
- the DNA bank was expanded with now almost 3000 blood samples from both infertile men and from men who have children and high quality sperm to act as ‘control’
- a number of collaborations have been formed with other institutions and scientists through use of the DNA bank, including overseas collaborations
- Prof. Yoshitaki Nishimune from Osaka in Japan is collaborating with scientists at MIRD and PHIMR to use the DNA bank to identify new genetic causes of infertility
- other collaborations include those with scientists from Melbourne’s PHIMR and the Walter and Eliza Hall Institute of Medical Research
In order to support the program and utilise a limited pool of expertise to its maximum, a unique organisational model has been created that allows adequate governance and program activity with minimal structures and administrative costs.

The Director of Andrology Australia, Professor David de Kretser, is assisted in the administration of the program by a Management Group, which is comprised of experts in areas of male reproductive medicine, general practice and public health.

An Advisory Board, with representation from key business, medical and community leaders, advises the Director and Management Group in administering and monitoring the grant funding provided by the Commonwealth to ensure all objectives of Andrology Australia are achieved.

Andrology Australia identifies collaborative partners who can assist in achieving the defined objectives and in the performance of specific projects. By working in partnership with the private and public sectors, research institutions, community organisations and consumers, the objectives of Andrology Australia can be sustained in the longer term.

The model used is unique in its ability to develop strategic alliances and allow an ongoing process of collaboration, thereby enhancing current resources and avoiding duplication of effort. The collaborative approach also ensures that men in all regions and different communities within Australia have access to quality, evidence-based information that has been developed by recognised authorities in male sexual and reproductive health.
**Management group**

**Prof. Gail P Risbridger**
BSc (Hons) PhD

Professor Gail Risbridger is a founding member of the Monash Institute of Reproduction and Development and was instrumental in establishing Andrology Australia, of which he is Director. He is recognised in Australia and overseas for his research to improve the understanding of male reproductive health. *Distinguished Andrologist Award 2003* - the highest award of the American Society of Andrology was presented to David for his outstanding contribution to the progress of Andrology.

**Prof. David M de Kretser AO**
MBBS, MD, FRACP, FAA

Professor David de Kretser is an endocrinologist, Director of Monash Institute of Reproduction and Development and was instrumental in establishing Andrology Australia, of which he is Director. He is recognised in Australia and overseas for his research to improve the understanding of male reproductive health. *Distinguished Andrologist Award 2003* - the highest award of the American Society of Andrology was presented to David for his outstanding contribution to the progress of Andrology.

**Prof. Jeremy Anderson**
MBchB MSc(Epid) MD FRANZCP

Professor Jeremy Anderson is recognised for his expertise in psychiatry and epidemiology and practises public psychiatry in the community. He is the former Interim Director of the Monash Institute of Health Services Research. Jeremy retired from the Andrology Australia management group in 2003.

**A/Prof. Robert I McLachlan**
MBBS FRACP PhD

Associate Professor Robert McLachlan is currently Principal Research Fellow at Prince Henry’s Institute of Medical Research and specialises in the area of male reproductive endocrinology. He has made a significant contribution to the fields of endocrinology and andrology and currently combines his academic career with clinical practice as a consultant in these fields of medicine. *Eric Susman Prize* - is the most prestigious annual research prize of the Royal Australasian College of Physicians and was awarded to Rob in recognition of his work in male infertility and male contraceptive development.

**Prof. Leon Piterman**
MMed MEdSt MRCP FRACGP

Professor Leon Piterman is Professor of General Practice at Monash University and Head of the School of Primary Health Care and Deputy Dean of the Faculty of Medicine, Nursing and Health Sciences. He has played an integral part in establishing general practice as one of the most vital and dynamic specialties in Australian medicine.

**Prof. Gail P Risbridger**
BSc (Hons) PhD

Professor Gail Risbridger is a founding member of the Monash Institute of Reproduction and Development’s (MIRD) senior research team and currently heads MIRD’s Centre for Urological Research. She is a recognised leader in prostate research in Australia and her studies into hormonal function in both benign prostate enlargement and prostate cancer are internationally recognised. *Fulbright Senior Scholar* - Gail was awarded a grant to conduct postdoctoral research in America on prostate cancer.
Advisory board

Members of the Advisory Board are appointed by the Federal Minister of Health.

Mr. Ben Harris

(Victoria) is the Executive Director of the Optometrists Association Victoria. He has a history in health workforce, financing and public health and is a firm advocate for a partnership approach to health care to ensure the best outcome for the community.

Mr. Mark Rayner

(Chairman, Victoria), is an experienced and well known businessman, appointed by the Minister to act as Chairman of Andrology Australia. He is the former Chairman of the Board of Mayne Group Ltd, a company with significant interests in the health field and also a Director of Boral Ltd and Alumina Ltd.

Prof. David de Kretser AO

(Director, Victoria) is a Fellow of the Royal Australasian College of Physicians and a Fellow of the Australian Academy of Science. He has experience in reproductive endocrinology and male infertility and in addition to his University and research roles, he continues to practise and is recognised in the medical community as a world expert in men’s reproductive health.

Prof. Kerin O’Dea

(Northern Territory) is Director at the Menzies School of Health Research, Professor at University of Sydney and Honorary Professor at other tertiary institutions around Australia. With a background in public health, she is currently a member of key committees in women’s and indigenous health.

Prof. Doreen Rosenthal AO

(Victoria) is Director of the Key Centre for Women’s Health in Society. A developmental psychologist, she is a respected international expert in the field of adolescent sexuality. Order of Australia - presented to Doreen for distinguished service to Australia and humanity at large.

Dr. Noel Hayman

(Queensland) is an Australian Aboriginal General Practitioner and public health physician with a dedicated interest in Indigenous health. He was one of the first Aboriginals to complete a degree in medicine at University of Queensland, at which he is now a lecturer. Centenary Medal Award - presented to Noel for his notable contribution to Australian society and long service to primary health care in Aboriginal communities. Queensland Health Australia Day Achievement Medalion - received for his contribution to improving the health and wellbeing of people.
Prof. David Handelsman  
(New South Wales), is a major figure in Andrology in Australia. Director of the ANZAC Research Institute, he is Australia’s first Professor of Andrology and is an expert in all aspects of male reproductive health, medicine and biology. Inaugural *AMA Men’s Health Award* - presented to David by the Australian Medical Association (AMA), for his invaluable contribution to community needs over many years and a dedication to improving health care services in many aspects of men’s health.

Mr. Mark Frydenberg  
(Victoria), is Head of Urology at Monash Medical Centre and Associate Professor in Monash University’s Department of Surgery. He is one of Australia’s most respected authorities in urological oncology, with expertise in both testicular and prostate cancer.

Prof. Wayne Tilley  
(South Australia) is the inaugural Chair of the Dame Roma Mitchell Cancer Research Laboratories, Hanson Institute and University of Adelaide. He has an international reputation in the fields of androgen action and prostate cancer.

Mr. Michael Schildberger  
(Victoria), is Managing Director of the media production company Business Essentials Pty Ltd. He is a well known business and media personality and, with a past history of prostate cancer, he also represents the consumer.

Mr. Mark Frydenberg  
(Victoria), is Head of Urology at Monash Medical Centre and Associate Professor in Monash University’s Department of Surgery. He is one of Australia’s most respected authorities in urological oncology, with expertise in both testicular and prostate cancer.

A/Prof. Douglas Lording  
(Victoria) is a consultant endocrinologist and Medical Director of Cabrini Hospital and Council Member of the Cabrini Clinical Education and Research Institute. He is one of Australia’s leading authorities on impotence medicine.

Dr. Alan Stapleton  
(South Australia) is Director of Urology at the Repatriation Hospital. Presently Chairman of the Collaborative Centre for Prostate Health, he has both a clinical and research interest in male sexual and reproductive health.

A/Prof. Douglas Lording  
(Victoria) is a consultant endocrinologist and Medical Director of Cabrini Hospital and Council Member of the Cabrini Clinical Education and Research Institute. He is one of Australia’s leading authorities on impotence medicine.

Dr. Alan Wright  
(Western Australia), is a general practitioner with extensive experience in men’s health management. With a significant interest in GP education in the area of men’s health, he has worked in general practice in Western Australia since 1983.
The Monash Institute of Reproduction and Development (Monash University, Victoria) is responsible for the administration of Andrology Australia. MIRD was chosen by the Federal Government to lead the Centre because of its international reputation and expertise in areas of male sexual and reproductive health. Monash University is the legal entity for Andrology Australia.

A small core administrative staff supports the Director and Management group to assist with the administration of the program on a day-to-day basis.

Dr. Carolyn Allan (part-time) is the Medical Advisor and assists with the development of consumer and professional information for the program.

Ms. Cassy Bezeruk (full-time) is Public Relations Officer and is responsible for the communication activities of the Centre.

Mrs. Vanessa Fleming-Baillie (part-time) is Administrative Officer and provides administrative support to the program.

Dr. Carol Holden (full-time) is Project Manager and coordinates the activities of the Centre. She ensures the Centre maintains effective administrative and financial management.

Mr. Dragan Ilic (part-time) is the Web Master and is responsible for maintaining the professional and public websites.

Ms. Carolyn Poljski (full-time) is Health Promotion Officer and is responsible for implementing the Centre’s community education strategy.

Advisory Groups, comprising experts with both biomedical and psychosocial expertise, have been appointed to assist in achieving the objectives of Andrology Australia and identifying the key issues relating to community and professional education and research for each of the priority areas. Members of the Advisory groups also serve as experts to whom Andrology Australia can refer issues and documents for comment. Located throughout Australia, Advisory Group members also assist with the wider dissemination of information.

For a full list of Advisory group members see pages 21 - 22.

Working groups have been established to assist with the implementation of some of Andrology Australia’s activities. The purpose of the working groups is to design, develop and initiate a program of activity consistent with the Andrology Australia objectives. Members of working groups, which include Andrology Australia representatives, represent individuals from across Australia with expertise in the specific project area. Where appropriate, working groups identify and explore potential funding sources that may support these initiatives.

For a full list of Working group members see page 23.
Presentations & Publications

Conference presentations

National


International

Holden C and de Kretser DM. Andrology Australia: A Collaborative Model To Address Male Sexual And Reproductive Health In Australia. 3rd World Congress on Men’s Health, October 2003, Vienna, Austria.


Ilic D, Risbridger G and Green S. To Screen or Not to Screen: The Online Opinion on Prostate Cancer Screening. 3rd World Congress on Men’s Health, October 2003, Vienna, Austria.


Publications


Andrology Australia education reports


Invited speakers

de Kretser DM. The New World of Medicine Conference. May 2003, Prato, Italy.

de Kretser DM. Men’s Health in Australia. 5th National Men’s and Boys’ Health Conference, September 2003, Cairns, Qld.
Finances

Funding is allocated to infrastructure, administrative expenses, community and professional education programs, and support of national research infrastructure. A collaborative approach ensures that the use of financial resources is maximised.
## Advisory group listings

### Androgen
- Dr. Carolyn Allan  
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- Prof. David de Kretser AO  
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- Prof. David Handelsman  
  Director, ANZAC Research Institute & Dept of Andrology, University of Sydney, NSW
- A/Prof. Douglas Lording  
  Medical Director, Cabrini Hospital, Vic
- Dr. Michael Lowy  
  Director, Australian Centre for Sexual Health, NSW
- A/Prof. Rob McLachlan  
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- Dr. Anthony Morrow  
  Consultant Endocrinologist, NSW
- Prof. Gail Risbridger  
  Associate Director, Monash Institute of Reproduction & Development, Vic
- Dr. Bronwyn Stuckey  
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- A/Prof. Gary Wittert  
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- Dr. Michael Gillman  
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- Prof. David Handelsman  
  Director, ANZAC Research Institute & Dept of Andrology, University of Sydney, NSW
- Dr. Noel Hayman  
  Lecturer, Centre for General Practice, University General Practice, Qld
- A/Prof. Douglas Lording  
  Medical Director, Cabrini Hospital, Vic
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  Professor, School of Psychology, Deakin University, Vic
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  Australian Centre for Sexual Health, NSW
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- Prof. Doreen Rosenthal AO  
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- Dr. Phillip Stricker  
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- Dr. Peter Sutherland  
  Urologist, SA

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- Dr. Hennie Williams  
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Prof. Frank Gardiner  
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Prof. Robert Sutherland  
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Prof. Wayne Tilley  
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Pathology Department, Murdoch Children’s Research Institute, Vic

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Testicular Cancer

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Service Provider

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Dr. Mark Wenitong  
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Consumer

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Mr Mark Campbell, Vic

Mr Jim Clark, NSW

Mr Brett James, NSW

Mr Brett McCann, NSW

Mr Phil Morley, WA

Mr Stephen Russell, Vic

Mr Michael Schulz, SA

Mr David Stanley, Vic

Mr Rob Woods, Vic
Working group listings

Aboriginal and Torres Strait Islander Male Health

Dr. Mark Wenitong
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Mr Mick Adams
Researcher, Qld

Mr Jason Bonson
Aboriginal Health Promotion Officer, Department of Health and Community Services, NT

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Dr. Noel Hayman
Indigenous doctor, Qld

Mr Bel Lui
Torres Strait Islander representative, Qld

Mr Paul Maher
Aboriginal male health worker, Tas

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Aboriginal male health worker, NT

Mr Ron (Doc) Reynolds
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Longitudinal Study

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Acknowledgements

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Abbott Diagnostics Division, Abbott Australia
Aboriginal and Torres Strait Islander representatives
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Australia Prostate Cancer Collaboration
Australian Research Centre in Sex, Health and Society, La Trobe University, Vic
Bayer Diagnostics Australia Ltd
Beckman Coulter Australia Pty. Ltd
Bio-Mediq DPC Pty. Ltd
Business Essentials Pty Ltd, Vic
Cancer Council of Victoria
Centre for Clinical Effectiveness, Monash Institute of Health Services Research, Vic
Continence Foundation
Department of General Practice, Monash University, Vic
Divisions of General Practice
Eli Lilly Australia Pty Ltd
Endocrine Society of Australia
Hunter Valley Research Foundation, NSW
Impotence Australia
Monash Institute of Health Services Research, Vic
Monash Institute of Reproduction and Development, Vic
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Ortho-Clinical Diagnostics Pty Ltd
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Prince Henry’s Institute of Medical Research, Vic
Quantum Scientific
Queensland University of Technology, Qld
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Roche Diagnostics Australia Pty. Ltd
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Royal Perth Hospital, WA
Royal Women’s Hospital, Vic
Rural Health Education Foundation, NSW
Southern Cross Pathology Australia
Urological Society of Australasia

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